

Parks & Recreation

Winter/Spring 2013 Program Guide



In this Issue:

- American Red Cross Lifeguard/Water Safety Instructor Training (pg.8)
- Spring Break Camps (pgs. 11, 17, 21)
- Winter Maintenance Program for Runners (pg. 14)
- Night of the Stars Talent Show (pg. 23)
- Denver Nuggets Skills Challenge (pg. 24)
- Annual Membership Pass Promotion (back cover)
- Erie Parks & Recreation is Nationally Accredited! (back cover)



Erie Parks &
Recreation is
Nationally
Accredited!



Erie Parks &
Recreation is a 2012
National Gold Medal
Award Finalist!

Table of Contents

Active Adults 60+	32-35
Adult Dance	17
Adult Sports	29-31
Birthday Parties	36
Camp Erie	21-22
Climbing Wall	10-11
Facilities and Amenities	38
Fitness/Wellness	12-14
General Interest Programs	15-20
Gymnastics	18
Parks	37
Pool Schedule	6
Registration Information	39
Special Events	23
Swimming Lessons/Aquatics Programs	7-9
Teen Programs	7-8, 10-11, 14-17, 19-20, 25-27
Toddler and Preschool Programs	7-9, 11, 15-20, 24
Youth Dancing/Singing	19
Youth Programs	7-11, 15-22, 24-28
Youth Sports	24-28



QUICK GUIDE FOR PARENTS

Activities (ages 0-5)

Arts and Crafts	17
Babysitting (KidStation)	4
Birthday Parties	36
Camps	17, 21-22
Climbing	10-11
Dance	19
Gymnastics	18
Karate	16
Kindermusik	15
Mini-Miners Playground	4
Swimming Lessons	7-9
Youth Sports	24-28

Activities (ages 6-12)

Babysitter's Training	15
Babysitting (KidStation)	4
Birthday Parties	36
Camps	11, 17, 21-22
Climbing	10-11
Dancing/Singing	19
Fitness Classes	14
Gymnastics	18
Karate	16
Kindermusik	15
Mini-Miners Playground	4
Sewing	20
Swimming Lessons	7-9
T-Town	4
Youth Sports	24-24

Activities (ages 13-17)

Babysitter's Training	15
Belay Certification	10
Climbing	10-11
Dancing/Singing	19
Fitness Classes	14
Karate	16
Lifeguard Training Course	8
Photography	20
Sewing	20
T-Town	4
Water Safety Instructor Course	8
Youth Sports	24-28

WELCOME

What a year, Erie! 2012 was packed with exciting highlights and accomplishments! We are proud to announce that Erie Parks & Recreation is nationally accredited, having received this designation on October 16. Only 1% of all agencies in the nation have achieved this and we are the youngest agency in the country and only the second municipality in Colorado to do so! For more information about accreditation, please view the back cover of this guide or visit www.erieparksandrec.com.

Also, your Department was a 2012 National Gold Medal Finalist – the highest agency award given in our industry. We invite you to view the agency video submitted as part of our application at www.erieparksandrec.com.

The new Street League skatepark will open in late December just across from the Erie Community Library. Please visit our website for grand opening details and for future programming and events!

Saturday, January 5, 2012 will mark the 5th Anniversary of the Erie Community Center! Serving well over a million visitors during this time, the award-winning ECC was the first of several new recreation amenities added in the last several years. Please join us for a free day and lots of fun activities, refreshments and more!

During the winter/spring season (January-May), we invite you to participate in a variety of programs, activities, and events! Check out the Winter Maintenance Program for Runners (pg. 14), 10K/Triathlon training (pg. 14), and the many camps offered during spring break (pgs. 11, 17, 21)! The “Night of the Stars” youth talent show is not to be missed – see pg. 22 for registration information. Encourage your teens to sign up for lifeguard and water safety instructor training so they can become eligible for a great summer job (pg. 8). The Denver Nuggets Skills Challenge is back – check out pg. 24. Erie’s seniors will begin a new walking program in January (pg. 32)!

And to make it easy for you to stay in shape, take advantage of the annual membership promotion which will run December 15 - January 15 (see back cover for more information) – just in time for holiday giving!

We’ve got something for everyone – come check us out and join the Erie Parks & Recreation family! Happy Holidays to you and yours and best wishes for a fantastic 2013!

Your Partner in Recreation,

Jill P. Wait
Parks & Recreation Director



Best Recreation Center
2008, 2009, 2010



Ballfield Design
Honor Award - 2010



National Alliance for
Youth Sports
Honorable Mention - 2011



DON'T FORGET TO PLAY!
Starburst Award
Erie Community Park - 2010



Mission, Policies & Staff

PARKS & RECREATION DEPARTMENT MISSION

The Parks & Recreation Department inspires our community to come together, learn, grow and be active, healthy and well by delivering exceptional parks, open spaces, trails, facilities, programs and services.

POLICIES

COMMUNITY CENTER POLICIES

- All guests utilize the Center and participate in activities at their own risk
- Children ages 0-9 must be directly supervised by an adult at all times, unless the child is participating in a Center supervised program; please see Guest Service for specific policies regarding fitness equipment and children. Children 7-9 years old, however, are allowed in T-Town while their parent/guardian(s) are in the Center. Parents cannot drop off their child and leave the Center. Parents must sign in their child at Guest Service, where they will receive a wristband for their child to wear in the Center. Parents must also indicate where they will be in the Center while their 7-9 year old is in T-Town. T-Town will not be staffed
- Please dress appropriately when in the Center. Shoes and shirts are required at all times (except in the pool). Non-marking shoes are required in the gymnasium, racquetball courts, and fitness studio. Proper swim attire is required in the pool area including mesh-lined trunks for males; swim suits for females (street clothes are prohibited). Athletic attire, including closed toe athletic shoes, are required in the fitness areas
- Guests are strongly encouraged to bring their own lock to secure clothing and valuables in lockers. Locks are also available for sale at Guest Service. Locks and property must be removed each night
- A valid form of identification is required for equipment check-out. Acceptable forms of ID include a Center pass, school ID, or library card. Driver's licenses, keys, and credit cards will not be accepted
- Tobacco and weapons are prohibited in the Center
- Animals are prohibited unless service animals accompanying persons with disabilities
- Please be aware of and follow all posted Center rules and guidelines

CODE OF CONDUCT

The Town of Erie expects reasonable and appropriate behavior from those who visit and use the facilities and participate in activities. The Parks & Recreation Department has established a code of conduct to ensure safety and enjoyment and reserves the right to deny admission and/or take disciplinary action against any individual violating the code of conduct. A violation includes, but is not limited to, the use of obscene language or gestures, disorderly conduct, theft, public intoxication, use of drugs, sexual misconduct, indecency, harassment, failure to cooperate with staff, possession of weapons of any kind, non-compliance with established policies and rules, an unlawful activity and any other behavior deemed offensive or unacceptable. Staff will enforce this code of conduct.

NON-DISCRIMINATION POLICY

The Town of Erie does not discriminate on the basis of age, race, sex, color, religion, national origin, disability, veteran status, sexual orientation or any other status protected by law.

The Parks & Recreation Department is committed to supporting individuals with disabilities and we are happy to discuss any special accommodations or adaptations necessary for participation. Please contact the Center at 303.926.2550 for assistance requests or inquiries.

WE TRY TO BE ACCURATE!

We make every effort to ensure the accuracy of the information in this guide. Information is subject to change.

TOWN OF ERIE OFFICIALS AND STAFF

BOARD OF TRUSTEES

Mayor: Joseph A. Wilson
Mayor Pro Tem: Ronda Grassi

Trustees:
Joe Carnival
Mark Gruber
Jonathan Hager
Janice Moore
Paul Ogg

TOWN OFFICIALS

Town Administrator:
A.J. Krieger

STAFF

Administration:
Parks & Recreation Director: Jill P. Wait
Administrative Coordinator: Amy Teetzel
Marketing/Special Events: Vacant

Parks Division:
Parks Superintendent: Gary Hegner
Asst. Parks Superintendent: Paul Reed
Horticulture Crew Leader: Darren Champion
Forestry Crew Leader: Mike McGill
Athletic Fields Crew Leader: Drew Barber
Parks Technician II: Daniel Peer
Parks Technician II: Shane Jasper

Recreation Division:
Recreation Division Manager: Kris Wilson
Chief Recreation Coordinator: Ian Ferguson
Programs Manager: Vacant
Active Adults 60+: Cindy Gerhardt
Aquatics: Karen Newlon
Facility Maintenance: Ed Mestas
Fitness & Wellness: Shondra Schlichenmayer
Guest Service & Member Relations: Charlene LeRoy
Sports: John Pryor

Center Information

CONTACT INFORMATION

450 Powers Street
P.O. Box 1110
Erie, CO 80516
303.926.2550
www.erieparksandrec.com

2013 CENTER HOURS OF OPERATION:

Monday - Thursday	5:30 am - 9:00 pm*
Friday	5:30 am - 7:00 pm*
Saturday	7:00 am - 7:00 pm*
Sunday	8:00 am - 6:00 pm*

*Pool closes 30 minutes prior to the Center

2013 HOLIDAY HOURS:

New Year's Day	January 1	Closed
Easter Sunday	March 31	Closed
Memorial Day	May 27	8:00 am - 3:00 pm
Independence Day	July 4	8:00 am - 3:00 pm
Maintenance Week	August 14 - 20	Closed
Labor Day	September 2	8:00 am - 3:00 pm
Thanksgiving Day	November 28	8:00 am - 3:00 pm
Christmas Eve	December 24	8:00 am - 3:00 pm
Christmas Day	December 25	Closed
New Year's Eve	December 31	8:00 am - 3:00 pm

FACILITY RENTALS

Looking for a place to hold your next function, meeting, or celebration? The multipurpose rooms, kitchen, indoor playground, climbing wall, gymnasium, fitness studio, and pool are all available for rental. For availability, please contact the Center. See page 38 for facilities and amenities.

RACQUETBALL

- Racquetball reservations are taken 48 hours in advance by contacting the Center (No charge to passholders and day pass users)
- Racquetball goggles and racquet wrist straps are highly recommended
- The length of time for a court reservation is 1 hour

EQUIPMENT CHECK OUT

A variety of equipment is available for check out at no charge including: basketballs, volleyballs, racquetball racquets, racquetballs and goggles, and climbing harnesses.



TENNIS

- Tennis reservations are taken 48 hours in advance for the two north tennis courts (1 & 2) by contacting the Center (No charge)
- The length of time for a court reservation is 1 hour
- The two south tennis courts (1 & 2) will remain available on a first come, first served basis (no reservations accepted)

The Parks & Recreation Department may schedule programs and or leagues on the tennis courts; therefore, at times they will be unavailable for reservations.

Tennis courts are open for use from March 15 - November 15.

KIDSTATION HOURS OF OPERATION:

Monday - Friday	8:00 am - 1:00 pm
Monday - Thursday	4:00 - 8:00 pm
Saturday	7:00 am - 1:00 pm
Sunday	8:00 am - 1:00 pm

- Free with Annual Pass
- Ages 6 months - 6 years
- Parents must remain in the Center (outdoor fitness classes are the only exception)
- 90 minute maximum
- Drop-in on a space available basis
- Photo ID required at check-in and will be returned at pick-up

KidStation Fees:

Resident	Non-Resident
\$3/hr for 1st child without annual pass; \$1.50 each addl child in same family	\$3.75/hr for 1st child without annual pass; \$2 each addl child in same family
40 Punch Card = \$75 without annual pass	40 Punch Card = \$95 without annual pass

MINI-MINERS INDOOR PLAYGROUND HOURS OF OPERATION:

Monday - Thursday	11:30 am - 8:30 pm
Friday	10:30 am - 6:30 pm
Saturday	8:00 am - 6:30 pm
Sunday	8:00 am - 5:30 pm

- Play equipment is for ages 9 and under; no children over 4 years in toddler area
- All children must be supervised by an adult at all times
- Socks must be worn at all times - no shoes

T-TOWN (INTERACTIVE GAME ROOM) HOURS OF OPERATION:

Monday - Thursday	8:00 am - 8:30 pm
Friday	8:00 am - 6:30 pm
Saturday	8:00 am - 6:30 pm
Sunday	8:00 am - 5:30 pm

- T-Town is for ages 7-13
- 7-9 year olds must be signed in by their parent/guardian at Guest Service
- Please follow posted instructions for use of all equipment and observe posted rules

Center Fees

ERIE COMMUNITY CENTER - FEES FOR 2013*

	Adult (18-59)	Youth (4-17)	Active Adult (60+)	Active Adult Couple (60+)	Couple	Family
Annual Pass						
Resident	\$365	\$185	\$219**	\$375**	\$625	\$719
Non-Resident	\$455	\$229	\$275**	\$469**	\$779	\$899
3 - Month Pass						
Resident	\$105	\$49	\$59	\$105	\$179	\$199
Non-Resident	\$129	\$59	\$75	\$129	\$225	\$249
20 - Visit Pass						
Resident	\$79	\$39	\$45	-	-	-
Non-Resident	\$99	\$49	\$55	-	-	-
10 - Visit Pass						
Resident	\$29	\$29	\$29	-	-	-
Non-Resident	\$35	\$35	\$35	-	-	-
Daily Admission						
Resident	\$4.50	\$2.25	\$2.70	-	-	\$10
Non-Resident	\$5.50	\$2.75	\$3.40	-	-	\$12

*Subject to change

PASS INFORMATION

- ** = If you turn 60 within 3 months of starting an annual pass, you qualify for the active adult rate
- Couple = 2 adults residing at the same physical address
- Active Adult Couple = 2 persons residing at the same physical address - both of the age 60+
- Family = up to 2 adults and 2 children (17 or younger) residing at the same physical address; \$75 for each additional person
- Children 3 years and younger are free
- 10-Visit passes expire 3 months from purchase date
- 20-Visit passes expire one year from purchase date
- Annual passes may be paid by auto-debit
Please contact the Center for more information

CORPORATE PASSES

- Valid for Annual or 20-Visit passes only
- Applies to employees of businesses located within the town limits (with a business license) and their families
- Discounts applied to relevant Resident or Non-Resident rate
- Pay stub or letter from employer to validate
- 10% discount for 2-9 employees purchasing passes;
15% discount for 10-14; 20% discount for 15 or more

REDUCED RATE ASSISTANCE PROGRAM

The Town of Erie provides a program for eligible participants which will reduce pass fees and recreation activity participation fees. Households that qualify for federally funded assistance programs are eligible. Please contact the Center for more information.

OFF-PEAK ANNUAL PASS

- Fee: R \$185 / NR \$229
- Pass is only valid between the hours of
1:30 pm and 3:30 pm, 7 days a week

WHAT IS INCLUDED IN PASS FEES AND DAILY ADMISSION FEES?

Pass fees and daily admission fees include use of the fitness and weight equipment, running track, locker rooms, racquetball courts (subject to availability), drop-in fitness classes, designated open gym, use of NEOS, open swim and specified climbing times (see page 10). Belay rides are free during supervised open climb times to all annual pass holders. KidStation is also free to all annual pass holders. Access to T-Town, Mini-Miners indoor playground, and Columbine Lounge (ages 60+) is free of charge. Other Center areas and programs may require additional fees.

PASS REFUND/CANCELLATION POLICY

20-Visit passes and KidStation punch cards are non-refundable and non-transferable. 10-Visit passes are non-refundable but transferable.

Annual and 3-Month passes are subject to a cancellation fee:

\$50 for the 1st person
\$25 for the 2nd person
\$10 for each additional person

Annual passes purchased by auto-debit are subject to a cancellation fee: a \$25 fee and forfeiture of the last month's payment which has been paid in advance. Cancellation requests must be received by the 10th of the month. Cancellation requests received after the 10th of the month are subject to the cancellation fee in addition to forfeiture of the current month's first and last month's payment.

Pool Schedule

January - May 2013 (subject to change)

MONDAY			
OPEN SWIM	LAP SWIM	WATER AEROBICS	SWIM PROGRAMS
Open Swim - 11:15 am - 8:30 pm	3 lanes open - 5:30 - 8:00 am	Hydro Pump - 7:00 - 8:00 am	Swim Lessons - 9:00 - 11:15 am
Slide - 1:00 - 8:00 pm	2 lanes open - 10:00 am - 1:00 pm	H ₂ O Aerobics - 8:00 - 9:00 am	Adult Swim Lessons - 7:15 - 8:00 pm
	2 lanes open - 4:00 - 6:00 pm	Arthritis Foundation - 9:00 - 10:00 am	
	2 lanes open - 7:00 - 8:30 pm	Deep Water - 9:30 - 10:00 am	
		Hydro Pump - 10:00 - 10:30 am	

H₂O Aerobics - 6:00 - 7:00 pm

TUESDAY			
OPEN SWIM	LAP SWIM	WATER AEROBICS	SWIM PROGRAMS
Open Swim - 10:45 am - 4:00 pm	3 lanes open - 5:30 - 8:00 am	Hydro Pump - 7:00 - 8:00 am	Swim Lessons - 9:30 - 10:45 am
Slide - 1:00 - 4:00 pm / 6:30 - 8:00 pm	2 lanes open - 10:00 am - 12:00 pm	H ₂ O Aerobics - 8:00 - 9:00 am	Masters Swim - 12:00 - 1:00 pm
Open Swim - 6:30 - 8:30 pm	1 lane open - 4:00 - 6:30 pm	Low Impact - 9:00 - 10:00 am	Swim Lessons - 4:00 - 6:30 pm
Rope Swing - 7:00 - 8:00 pm	2 lanes open - 6:30 - 7:00 pm	Hydro Pump - 6:00 - 7:00 pm	

WEDNESDAY			
OPEN SWIM	LAP SWIM	WATER AEROBICS	SWIM PROGRAMS
Open Swim - 11:15 am - 8:30 pm	3 lanes open - 5:30 - 8:00 am	Hydro Pump - 7:00 - 8:00 am	Swim Lessons - 9:00 - 11:15 am
Slide - 1:00 - 8:00 pm	2 lanes open - 10:00 am - 1:00 pm	H ₂ O Aerobics - 8:00 - 9:00 am	Merit Badge - 7:00 - 8:30 pm Second Wednesday of every month.
	2 lanes open - 4:00 - 6:00 pm (1 lane open 4:00 - 5:00 pm April 10 - May 22)	Arthritis Foundation - 9:00 - 10:00 am	
		Deep Water - 9:30 - 10:00 am	Pre-Season Stroke Clinic - 4:00 - 5:00 pm (April 10 - May 22)
	2 lanes open - 7:00 - 8:30 pm	Hydro Pump - 10:00 - 10:30 am	
		Aqua Zumba - 1:00 - 2:00 pm	

H₂O Aerobics - 6:00 - 7:00 pm

THURSDAY			
OPEN SWIM	LAP SWIM	WATER AEROBICS	SWIM PROGRAMS
Open Swim - 10:45 am - 4:00 pm	3 lanes open - 5:30 - 8:00 am	Hydro Pump - 7:00 - 8:00 am	Swim Lessons - 9:30 - 10:45 am
Slide - 1:00 - 4:00 pm / 6:30 - 8:00 pm	2 lanes open - 10:00 am - 12:00 pm	H ₂ O Aerobics - 8:00 - 9:00 am	Masters Swim - 12:00 - 1:00 pm
Open Swim - 6:30 - 8:30 pm	1 lane open - 4:00 - 6:30 pm	Low Impact - 9:00 - 10:00 am	Swim Lessons - 4:00 - 6:30 pm
Rope Swing - 7:00 - 8:00 pm	2 lane open - 8:00 - 8:30 pm	Hydro Pump - 6:00 - 6:30 pm	
		Deep Water - 6:30 - 7:00 pm	

FRIDAY			
OPEN SWIM	LAP SWIM	WATER AEROBICS	SWIM PROGRAMS
Open Swim - 8:00 am - 6:00 pm	3 lanes open - 5:30 - 8:00 am	Hydro Pump - 7:00 - 8:00 am	
No Features - 9:00 - 10:00 am	2 lanes open - 10:00 am - 1:00 pm	H ₂ O Aerobics - 8:00 - 9:00 am	
Slide - 1:00 - 6:00 pm	2 lanes open - 4:00 - 6:30 pm	Arthritis Foundation - 9:00 - 10:00 am	
Rope Swing - 3:30 - 4:00 pm		Deep Water - 9:30 - 10:00 am	
		Hydro Pump - 10:00 - 10:30 am	

SATURDAY			
OPEN SWIM	LAP SWIM	WATER AEROBICS	SWIM PROGRAMS
Open Swim / Slide - 12:00 - 6:30 pm	3 lanes open - 8:00 - 9:00 am	Hydro Pump - 8:00 - 9:00 am	Masters Swim - 7:00 - 8:00 am
Rope Swing - 1:00 - 3:00 pm	1 lane open - 9:00 am - 12:00 pm		Swim Lessons - 9:00 am - 12:00 pm

SUNDAY			
OPEN SWIM	LAP SWIM	WATER AEROBICS	SWIM PROGRAMS
Open Swim / Slide - 10:00 am - 5:30 pm	3 lanes open - 8:00 - 10:00 am		
Rope Swing - 12:00 - 2:00 pm			

Swimming Lessons

SWIMMING LESSONS

PARENT & CHILD AGES 6 MONTHS - 3

The following American Red Cross lessons run 30 minutes. These lessons strive for a 1:8 teacher to student ratio.

Swim - Parent & Child 1 (ages 6 months – 24 months)

Parents are taught to safely work with their children in the water, including how to appropriately support and hold their child in the water to prepare and encourage them to try basic water skills while helping the child feel comfortable in the water.

Parent & Child Level 2 (ages 18 months - 3)

Parent and child continue to improve on skills introduced in Level 1 to help prepare the child to perform basic water skills including safe ways to enter and exit the water, exploring submersion and changing body position in the water.

Parent & Child Combined (C) (ages 6 months - 3)

This program is designed to teach children how to become accustomed to the water through playful interactions and games. Parents learn how to support and hold their child properly while exploring basic water skills.

PRESCHOOL AGES 3 - 5

The following American Red Cross lessons run 30 minutes. These lessons strive for a 1:4 teacher to student ratio.

Preschool 1

Students will be taught basic water safety skills and basic arm and leg movements to help develop comfort in the water. In addition, students will learn to enter and exit the water independently and float with support.

Prerequisite: Child must be ready to participate in a group setting.

Preschool 2

Students will build upon the basic skills learned in Preschool 1 and begin to learn independent aquatic locomotion skills. The use of simultaneous and alternating arm and leg actions on the front and back will help in the development of future stroke work.

Prerequisite: Pass Preschool 1; OR Go underwater without hesitation; comfortable floating on front and back with support.

Preschool 3

Students will be taught to perform the skills presented in Preschool 1 and 2 independently to reach greater distances and develop good coordination. The use of combined simultaneous arm and leg actions will continue to help the student build a foundation for proper stroke development.

Prerequisite: Pass Preschool 2; OR Independently floating on front and back for 5 seconds; forward movement through water.

YOUTH AGES 6 - 16

The following American Red Cross lessons run 30 minutes. These lessons strive for a 1:6 teacher to student ratio.

Level 1: Introduction to Water Skills

Students will be taught basic water safety to help build comfort in the water. Elementary aquatic skills such as putting your face in the water, floating with support and basic arm and leg movements will be taught to help build confidence in the water.

Prerequisite: Child must be ready to participate in a group setting.

Level 2: Fundamental Aquatic Skills

Students will build on their confidence in the water by learning to float independently and begin development of locomotion skills. Students will also further develop simultaneous and alternating arm and leg actions on the front and back for future stroke development.

Prerequisite: Pass Level 1; OR Go underwater without hesitation; comfortable floating on front and back with support.

Level 3: Stroke Development

Students will build on skills learned in Levels 1 and 2 and start to learn stroke proficiency in the front crawl and elementary backstroke. Students will also be introduced to the fundamentals of treading water to help build comfort in deep water.

Prerequisite: Pass Level 2; OR Independently floating on front and back for 5 seconds; forward movement through water.

Level 4: Stroke Improvement

Students will continue development of learned strokes (front crawl, elementary backstroke) to achieve greater distances and proficiency. Students will also be introduced to the back crawl, breaststroke, side stroke and butterfly to help build on their aquatic skills.

Prerequisite: Pass Level 3; OR Swim 15 yards front crawl with rotary breathing.

Level 5: Stroke Refinement

Students will refine their performance of all strokes (front crawl, back crawl, butterfly, breaststroke, sidestroke, and elementary backstroke) and increase their distances. Flip turns for the front crawl and back crawl will also be introduced.

Prerequisite: Pass Level 4; OR Swim 25 yards front and back crawl.

Level 6: Stroke Clinic

Stroke Clinic is designed for swimmers who can swim at least 50 meters. Stroke Clinic will refine your swimming skills for lifelong success in the water. Whether you are refining your strokes to become a lifeguard, join a swim team, or just learn to swim efficiently, this class is for you. This is a 45 minute class.



ADULT - AGES 16+

Adult Swim Lessons

It is never too late to learn to swim or improve your skills! This class is for all abilities and offers individualized instruction within a supportive group environment. The instructor works at your level to help you meet your swimming goals. Abilities can range from learning to conquer your fear of the water, developing your strokes or even training you for triathlons.

Day: Monday
Dates: 6431.110 - January 7 - March 4 (No Class February 18)
6431.120 - March 11 - May 6 (No class April 1)
Time: 7:15 - 8:00 pm
Fee: R \$49 / NR \$59

Masters Swim Team

Masters Swim Team is designed for swimmers who have basic knowledge of the competitive strokes, but want to improve their competitive swimming skills. Swimmers will be working on all aspects of competitive stroke technique and drills, turns, and endurance. Masters Swim is offered Tuesdays, Thursdays and Saturdays. You are welcome to join us once, twice or three times a week. Prices vary depending on number of days you attend.

Day: Tuesday / Thursday / Saturday
January 8 - May 25
Dates: 6418.110 - R \$79 / NR \$99 - 1 x week
6418.111 - R \$149 / NR \$179 - 2 x week
6418.12 - R \$195 / NR \$225 - 3 x week
Time: 12:00 - 1:00 pm (Tuesday & Thursday)
7:00 - 8:00 am (Saturday)

Swimming Lessons (cont.)

MONDAY & WEDNESDAY AM						
January	January 7 - January 30	4 Weeks	R \$39 / NR \$49			
February	February 4 - February 27	4 Weeks	R \$35 / NR \$45			
March	March 4 - March 27	4 Weeks	R \$39 / NR \$49			
April	April 8 - May 1	4 Weeks	R \$39 / NR \$49			
May	May 6 - May 22	3 Weeks	R \$29 / NR \$35			
CLASS	TIME	JANUARY	FEBRUARY	MARCH	APRIL	MAY
PARENT & CHILD C	9:00 am	6416.110	6416.120	6416.130	6416.140	6416.150
PRESCHOOL 1	9:00 am	6410.110	6410.120	6410.130	6410.140	6410.150
	10:10 am	6410.111	6410.121	6410.131	6410.141	6410.151
PRESCHOOL 2	9:35 am	6411.110	6411.120	6411.130	6411.140	6411.150
	10:45 am	6411.111	6411.121	6411.131	6411.141	6411.151
PRESCHOOL 3	9:35 am	6412.110	6412.120	6412.130	6412.140	6412.150
	10:10 am	6412.111	6412.121	6412.131	6412.141	6412.151

TUESDAY & THURSDAY AM						
January	January 8 - January 31	4 Weeks	R \$39 / NR \$49			
February	February 5 - February 28	4 Weeks	R \$39 / NR \$49			
March	March 5 - March 28	4 Weeks	R \$39 / NR \$49			
April	April 9 - May 2	4 Weeks	R \$39 / NR \$49			
May	May 7 - May 23	3 Weeks	R \$29 / NR \$35			
CLASS	TIME	JANUARY	FEBRUARY	MARCH	APRIL	MAY
PRESCHOOL 1	9:30 am	6410.119	6410.129	6410.139	6410.149	6410.159
PRESCHOOL 2	9:30 am	6411.010	6411.020	6411.030	6411.040	6411.050
	10:05 am	6411.011	6411.021	6411.031	6411.041	6411.051
PRESCHOOL 3	10:05 am	6412.118	6412.128	6412.138	6412.148	6412.158

Pre-Season Stroke Clinic (ages 4-18)

Pre-Season Stroke Clinic is designed for swimmers who have basic knowledge of the competitive strokes but want to improve their competitive swimming skills before their scheduled swim team practice starts. Swimmers will be working on all aspects of the competitive stroke technique, drills, turns, starts (without blocks), finishes, along with some endurance work.

Day: Wednesday
Dates: 6419.110 - April 10 - May 22
Time: 4:00 - 5:00 pm
Fee: R \$55 / NR \$69

Boy Scout/Girl Scout Merit Badge Testing (ages 6-18)

Fee includes up to 12 participants. Additional participants are \$2.50/person. No charge for adult leaders. Price includes admission to the pool for fun before and after your badge has been completed. For additional information, please call 303.926.2563.

Day: Wednesday
Dates: 6490.110 – January 9
6490.120 – February 13
6490.130 – March 13
6490.140 – April 10
6490.150 – May 8
Time: 7:00 – 8:30 pm
Fee: R \$25 / NR \$29

American Red Cross Lifeguard Training (ages 15+)

Courses provide a generalized view of lifeguarding skills and practices. CPR/AED/First Aid for the Professional Rescuer included. Swimming skills pretest involves: swimming 300 meter continuous swim, 100 meter front crawl, 100 meter breast stroke, 100 meter choice between front crawl or breast stroke, swim 20 meters and dive down 10 feet and retrieve a diving brick and swim back. Registration ends one week prior to start of class.

Dates: 6450.110 - March 23-24, 30 and April 6
6450.120 - April 27-28, May 4-5
6450.130 - May 28-31
Time: 9:00 am - 5:00 pm
Fee: R \$119 / NR \$149

American Red Cross Water Safety Instructor Training

Pre-Requisite: 16 years old on or before the last day of class, proficient front crawl, back crawl, breaststroke, sidestroke, elementary backstroke and butterfly. Learn the techniques and skills necessary to be an American Red Cross swim instructor. FIT certification is included with this class. You must bring proof of age to the first class.

Day: Monday - Friday
Dates: 6461.110 - April 1 - April 5
Time: 9:00 am - 5:00 pm
Fee: R \$129 / NR \$155

Summer CARA Swim Team

Parent Meeting

Wednesday, May 8 • 6:00 pm

Erie Community Center

TUESDAY & THURSDAY PM						
January	January 8 - January 31	4 Weeks	R \$39 / NR \$49			
February	February 5 - February 28	4 Weeks	R \$39 / NR \$49			
March	March 5 - March 28	4 Weeks	R \$39 / NR \$49			
April	April 9 - May 2	4 Weeks	R \$39 / NR \$49			
May	May 7 - May 23	3 Weeks	R \$29 / NR \$35			
CLASS	TIME	JANUARY	FEBRUARY	MARCH	APRIL	MAY
PARENT & CHILD C	5:10 pm	6416.111	6416.121	6416.131	6416.141	6416.151
PRESCHOOL 1	4:00 pm	6410.112	6410.122	6410.132	6410.142	6410.152
	4:35 pm	6410.011	6410.022	6410.033	6410.044	6410.055
	5:45 pm	6410.113	6410.123	6410.133	6410.143	6410.153
PRESCHOOL 2	4:00 pm	6411.112	6411.122	6411.132	6411.142	6411.152
	5:10 pm	6411.113	6411.123	6411.133	6411.143	6411.153
PRESCHOOL 3	4:35 pm	6412.112	6412.122	6412.132	6412.142	6412.152
	5:45 pm	6412.113	6412.123	6412.133	6412.143	6412.153
LEVEL 1	4:00 pm	6401.110	6401.120	6401.130	6401.140	6401.150
LEVEL 2	4:35 pm	6402.110	6402.120	6402.130	6402.140	6402.150
LEVEL 3	4:00 pm	6403.112	6403.122	6403.132	6403.142	6403.152
	4:35 pm	6403.110	6403.120	6403.130	6403.140	6403.150
LEVEL 4	5:10 pm	6404.110	6404.120	6404.130	6404.140	6404.150
LEVEL 5	5:45 pm	6405.110	6405.120	6405.130	6405.140	6405.150
STROKE CLINIC	5:45 pm	6408.110	6408.120	6408.130	6408.140	6408.150

Swimming Lessons (cont.)

SATURDAY AM

January	January 12 - February 16	6 Weeks	R \$29 / NR \$35	
February	February 23 - March 30	6 Weeks	R \$29 / NR \$35	
April	April 13 - May 18	6 Weeks	R \$29 / NR \$35	
CLASS	TIME	JANUARY	FEBRUARY	MARCH
PARENT & CHILD 1	9:35 am	6414.112	6414.122	6414.132
PARENT & CHILD 2	10:10 am	6415.111	6415.121	6415.131
PRESCHOOL 1	9:00 am	6410.115	6410.125	6410.135
	10:10 am	6410.116	6410.126	6410.136
	10:45 am	6410.117	6410.127	6410.137
PRESCHOOL 2	11:20 am	6410.118	6410.128	6410.138
	9:00 am	6411.116	6411.126	6411.136
	9:35 am	6411.117	6411.127	6411.137
PRESCHOOL 3	10:10 am	6411.118	6411.128	6411.138
	11:20 am	6411.119	6411.129	6411.139
	9:00 am	6412.116	6412.126	6412.136
LEVEL 1	10:45 am	6412.117	6412.127	6412.137
	9:00 am	6401.111	6401.121	6401.131
	9:35 am	6402.111	6402.121	6402.131
LEVEL 2	10:45 am	6402.112	6402.122	6402.132
	9:35 am	6403.111	6403.121	6403.131
	10:10 am	6404.111	6404.121	6404.131
LEVEL 3	10:45 am	6405.111	6405.121	6405.131
	10:45 am	6405.111	6405.121	6405.131
	11:20 am	6408.111	6408.121	6408.131
LEVEL 4	11:20 am	6408.111	6408.121	6408.131
	11:20 am	6408.111	6408.121	6408.131
	11:20 am	6408.111	6408.121	6408.131
LEVEL 5	11:20 am	6408.111	6408.121	6408.131
	11:20 am	6408.111	6408.121	6408.131
	11:20 am	6408.111	6408.121	6408.131
STROKE CLINIC	11:20 am	6408.111	6408.121	6408.131
	11:20 am	6408.111	6408.121	6408.131
	11:20 am	6408.111	6408.121	6408.131

In an effort to better place your child into their appropriate level, registration dates are as follows:

	Resident	Non-Resident
JANUARY SESSION		
Monday & Wednesday AM	November 17	November 24
Tuesday & Thursday AM		
Tuesday & Thursday PM		
Saturday AM		
FEBRUARY SESSION		
Monday & Wednesday AM	January 19	January 21
Tuesday & Thursday AM		
Tuesday & Thursday PM		
Saturday AM		
MARCH SESSION		
Monday & Wednesday AM	February 16	February 18
Tuesday & Thursday AM		
Tuesday & Thursday PM		
Saturday AM		
APRIL SESSION		
Monday & Wednesday AM	March 16	March 18
Tuesday & Thursday AM		
Tuesday & Thursday PM		
MAY SESSION		
Monday & Wednesday AM	April 20	April 22
Tuesday & Thursday AM		
Tuesday & Thursday PM		

AQUATIC FITNESS CLASSES

H₂O Aerobics: Join us for a total body workout that will physically challenge you! You will get the same fitness benefits as land aerobics, including excellent cardiovascular conditioning, muscle toning, flexibility and fat burning. The water provides great resistance and a low-impact workout. This class is for everyone! Join us for a change of pace, for cross-training or for general fitness.

Hydro Pump: This is our highest intensity class! Gain strength and endurance like you would on land, but have the extra resistance from working against the river current.

Arthritis Foundation Water Exercise: Nearly 46 million Americans have been diagnosed with a form of arthritis. Come join our Arthritis Foundation water exercise classes which are designed to keep joints moving, reduce joint pain, restore and preserve strength, flexibility, and protect joints against further damage.

Low Impact/Low Intensity & Pre/Post Natal Class: Enjoy a fun relaxing, low impact workout in the water! This class includes cardiovascular conditioning, flexibility, strengthening, and spine stabilization. Pre/Post natal participants need a doctor's release prior to participating in this class.

Hydro Pump/Deep Water Combo: This comprehensive workout will be in two parts. Half hour of the class you will workout in the lazy river for a not so lazy class. During this portion of the class, instructors use water weights, noodles, and more to provide a challenging and exciting workout. The other half of the class, you move to the deep end of the pool and continue working cardiovascular fitness, flexibility, strength, muscle tone, and increase fat burning. Flotation devices (hand buoys, belts, and noodles) provide stability and flotation; however, you should feel comfortable in the deep water.

Aqua Zumba®: Jump into the Latin inspired, easy to follow, calorie burning, dance fitness party that makes working out a splash!



PRIVATE LESSONS

For private lessons please call 303.926.2567

1/2 Hour Lessons	R	NR
1-2 Private Lessons (per lesson)	\$19	\$25
3-6 Private Lessons (per lesson)	\$18	\$23

Climbing

Climbing Wall Schedule

January - May 2013 (subject to change)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open	Unsupervised Open Climb					Parent/Child* 8:00 - 8:45	Unsupervised Open Climb Open - 11:00
9:00 am						Parent/Child* 9:00 - 9:45	
10:00 am						Mini Climbers* 10:00 - 11:00	
11:00 am						Supervised Open Climb & Birthday Parties* 11:00 - 6:00	Supervised Open Climb & Birthday Parties* 11:00 - 6:00
12:00 pm							
1:00 pm							
2:00 pm							
3:00 pm							
4:00 pm	Lil Girls Rock* 4:30 - 5:30	Supervised Open Climb 4:00 - 7:00	Mini Climbers* 4:30 - 5:30	Supervised Open Climb 4:00 - 8:30		Unsupervised Open Climb 6:00 - 7:00	
5:00 pm			Girlz Rock* 5:30 - 6:30				
6:00 pm	Rock Star & Youth Climb* 5:30 - 6:30	Climb On! 7:00 - 8:30	Adult Level 2* 6:30 - 8:00		Center Closed	Center Closed	Center Closed
7:00 pm	Adult Intro* 6:30 - 8:00						
8:00 pm	Unsupervised Open Climb 8:00 - 9:00		Unsupervised Open Climb 8:00 - 9:00	Unsupervised Open Climb 8:30 - 9:00			

*Climbing classes or Party - depending on class size, wall may not be available for open climbing.

- Pass or daily admission required for all open climb times
- Supervised Open Climb - Wall is open to all users. All uncertified climbers must purchase a belay ride at Guest Service or have a valid annual pass
- Unsupervised Open Climb - Wall is open to ECC Certified climbers only, no staff available to belay

Belay Rides (ages 3+)

Come and enjoy the thrill of the pinnacle! Climbing wall attendants will belay climbers on the climbing wall. Equipment is included. Closed toe shoes are required. Free with annual pass. Please show pass to attendant.

Day: Available during supervised open climb

Fee: R \$2.50 / NR \$3 for 1 day of climbing
R \$10 / NR \$12.50 for a 5 day punch card

Climbing Wall Certification Test (ages 15+)

Climbing Wall Certification Tests are available during supervised open climb. Climbing certification will allow a guest to use the wall during supervised and unsupervised climbing wall hours.

Climb On!

Designated climb times for ECC certified climbers to network with other climbers. Climb On! will have staff available to belay.

Climbing Belay Certification (ages 15+)

This course will teach participants about proper belay techniques and commands. Participants must attend both classes. All participants who attend and pass the class will receive an ECC belay certification card. This card will allow individuals to climb, belay and/or boulder during open climbing wall hours with a valid pass or daily admission.

Day: Wednesday
Dates: 8610.101 - January 30
8610.103 - March 6
8610.104 - April 17
8610.105 - May 22
Time: 6:30 - 8:30 pm
Fee: R \$39 / NR \$49

Climbing Belay Refresher (ages 15+)

This clinic will refresh climbers on proper belay techniques. Prior experience with belay technique or ECC climbing certification is required.

Day: Monday
Dates: 8611.102 - February 4
8611.103 - March 4
8611.104 - April 1
8611.105 - May 6
Time: 7:00 pm
Fee: R \$5 / NR \$9

CLIMBING PROGRAMS

Parent / Child Climb (ages 3-5)

An opportunity for parents to participate with their child in an introductory level rock climbing course. No experience needed. Climbing safety, commands, and techniques will be introduced. Parents will learn how to put on their child's harness, spot their child, as well as cheer on and support their child. Parents that are ECC belay certified climbers will be able to belay for their child. Parent attendance is mandatory for all classes. Closed toe shoes are required.

Day: Saturday
Dates: 8661.101 - January 12 - February 9
8661.103 - March 2 - March 30
8661.104 - April 13 - May 11
Time: 8:00 - 8:45 am
Fee: R \$39 / NR \$49

Day: Saturday
Dates: 8660.101 - January 12 - February 9
8660.103 - March 2 - March 30
8660.104 - April 13 - May 11
Time: 9:00 - 9:45 am
Fee: R \$39 / NR \$49

Mini Climbers (ages 6-9)

This is a great class for youngsters of all levels of climbing experience. Participants will learn teamwork, balance, coordination, commands, technique, and much more. Closed toe shoes are required.

Day: Saturday
Dates: 8632.101 - January 16 - February 13
8632.103 - March 2 - March 30
8632.104 - April 13 - May 11
Time: 10:00 - 11:00 am
Fee: R \$45 / NR \$55

Day: Wednesday
Dates: 8630.101 - January 23 - February 20
8630.103 - February 27 - March 27
8630.104 - April 17 - May 15
Time: 4:30 - 5:30 pm
Fee: R \$45 / NR \$55

Lil' Girls Rock (ages 6-9)

Little girls rock too! We introduce the sport of climbing from a girl's point of view. This is a beginner climbing class that will teach basic climbing movements, the figure eight knot, commands and ways to keep climbing safe. All topics are taught in a fun way just for girls! Closed toe shoes are required.

Day: Monday
Dates: 8631.101 - January 14 - February 11
8631.103 - February 25 - March 25
8631.104 - April 15 - May 13
Time: 4:30 - 5:30 pm
Fee: R \$45 / NR \$55

Youth Climbers (ages 8-14)

Safety, technique development, and basic movements are the main focus of this class. Participants will be taught how to utilize their strength and balance while climbing. This class is perfect for those kids who have moved beyond Mini Climbers or Lil' Girls Rock, but are not ready for Rock Star Climbers. All skill levels welcome. Closed toe shoes are required.

Day: Monday
Dates: 8640.101 - January 14 - February 11
8640.103 - February 25 - March 25
8640.104 - April 15 - May 13
Time: 5:30 - 6:30 pm
Fee: R \$45 / NR \$55

Girls Rock (ages 8-14)

Girls rule in this class! This is a more advanced class than Lil' Girls Rock. The sport of climbing is taught from a female's point of view. Taught by an experienced female teacher, this class focuses on advanced movements, gear selection, as well as additional climbing techniques, all in a fun and supportive way. Closed toe shoes are required.

Day: Wednesday
Dates: 8644.101 - January 16 - February 13
8644.103 - February 27 - March 27
8644.104 - April 17 - May 15
Time: 5:30 - 6:30 pm
Fee: R \$45 / NR \$55

Rock Star Climbers (ages 8-14)

Advanced climbing movements and technique are developed in this class. This class is designed to be the next step up for those that have out grown the Mini and Youth Climbers classes. Closed toe shoes are required.

Day: Monday
Dates: 8643.101 - January 14 - February 11
8643.103 - February 25 - March 25
8643.104 - April 15 - May 13
Time: 5:30 - 6:30 pm
Fee: R \$45 / NR \$55

Youth Climbing Camp (ages 7-12)

Campers will spend the week having fun at the climbing wall. Technical aspects of climbing such as body positioning, foot placement and hand grips will be discussed. In addition, we will have contests, and various games to play. Climbers will try to accomplish climbing routes on our wall of varying difficulty. The students will also work on developing their bouldering skills. Closed toe shoes are required.

Day: Monday - Friday
Dates: 8625.103 - April 1 - April 5
Time: 2:00 - 4:00 pm
Fee: R \$75 / NR \$95



Adult Intro to Climbing Level 1: Intro to Indoor Climbing (ages 15+)

Participants will learn and practice basic climbing commands and movement. Participants will also learn how to belay and will become ECC belay certified through this course. General climbing equipment and its practical use will also be covered. Closed toe shoes are required.

Day: Monday
Dates: 8680.101 - January 14 - February 11
8680.103 - February 25 - March 25
8680.104 - April 15 - May 13
Time: 6:30 - 8:00 pm
Fee: R \$55 / NR \$69

Adult Climbing Level 2: Transition to Outdoors (ages 15+)

This course will teach participants advanced climbing movements and techniques, and give participants plenty of practice to master the techniques. Other class topics also include: reducing environmental impact when climbing outdoors, as well as gear for outdoor climbing and its use. The purpose of the level 2 class will be to prepare participants to be able to climb outside with an experienced partner, or guide, who would be the lead climber. Participants must be proficient in top rope belay techniques. Closed toe shoes are required and climbing shoes are highly recommended.

Day: Wednesday
Dates: 8681.101 - January 16 - February 13
8681.103 - February 27 - March 27
8681.104 - April 17 - May 15
Time: 6:30 - 8:00 pm
Fee: R \$55 / NR \$69

Fitness & Wellness

PERSONAL TRAINING

Let a nationally certified personal trainer help you optimize your workout. Work one-on-one or bring a friend and we'll help you reach your fitness goals. You will learn various exercises that build strength and endurance, enhance body composition and improve overall cardiovascular fitness. Personal training sessions are made by appointment only. Please register in person at Guest Service.

PERSONAL TRAINING FEES (AGES 18+)

	Resident	Non-Resident
1 Session	\$39	\$49
3 Sessions	\$115	\$145
6 Sessions	\$209	\$259
12 Sessions	\$399	\$499

PARTNER TRAINING FEES (AGES 18+)

	Resident	Non-Resident
1 Session	\$49	\$59
3 Sessions	\$135	\$169
6 Sessions	\$245	\$305
12 Sessions	\$469	\$585

PILATES REFORMER SESSION (AGES 18+)

The Pilates Reformer safely and effectively improves strength, flexibility and balance by developing long, lean muscles. Pilates Reformer training can also restore postural alignment, increase joint range of motion and correct over-training of muscle groups. Sessions are by appointment only. Please register in person at Guest Service.

	Resident	Non-Resident
1 Session	\$39	\$49
3 Sessions	\$105	\$129
6 Sessions	\$185	\$229
12 Sessions	\$299	\$375

FITNESS EQUIPMENT ORIENTATIONS (AGES 15+)

Fitness equipment orientations are provided at no charge to pass holders and day users. Our fitness staff will provide an orientation and demonstration of the cardiovascular and Nautilus One™ weight machines. Orientations are 30 minutes.

Pass holders may schedule a separate orientation (at no charge) for the FitLinxx™ system – a computerized personal trainer. FitLinxx™ takes the guess work out of exercise by providing the user with access to their unique fitness program information. FitLinxx™ tracks aerobic workouts and provides workout summaries. Users can also access their personal FitLinxx™ information on the internet anytime. FitLinxx™ orientations are 30 minutes.

FITNESS ASSESSMENTS (AGES 18+)

Fitness Assessments include body composition measurement, cardiovascular, flexibility, strength tests, and consultation with a personal trainer. Assessments are one hour. Please visit Guest Service to schedule your assessment.

Fee: R \$35 / NR \$45

BODY FAT & LEAN BODY MASS TESTING (AGES 18+)

We offer body fat testing with the bioelectric impedance measurement system. This instrument measures your lean body mass to fat ratio. The test is quick, noninvasive and comprehensive. Please register in person at Guest Service.

Fee: R \$15 / NR \$19

YOUTH FITNESS EQUIPMENT POLICY (AGES 7-14)

To use track only: Ages 7-12 with adult supervision.

To use cardio equipment:

Ages 11-12 must complete an orientation with a Fitness Attendant (parent/guardian must be present and sign waiver); then may use areas with adult supervision.

Ages 13-14 must complete an orientation with a Fitness Attendant (parent/guardian must be present and sign waiver); then may use areas without adult supervision.

To use Nautilus One™ weight machines:

Ages 11-12 must complete a Youth Fitness Equipment Certification (parent/guardian must sign waiver); then may use machines with adult supervision.

Ages 13-14 must complete a Fitness Equipment Certification (parent/guardian must sign waiver); then may use machines without adult supervision.

Youth Fitness Equipment Certification (ages 11-14)

Your child will meet with a personal trainer for two 1-hour sessions on his or her own to learn the fundamentals of weight training on the Nautilus One™ weight machines while focusing on safety and proper lifting technique. By appointment only - contact the Center for details.

Class	Resident	Non-Resident
Private (two 1-hour sessions)	\$49	\$59
Partner (2 children for two 1-hour sessions)	\$25 (per child)	\$29 (per child)

FitLinxx™ Incentive Program - FREE!

Be rewarded for working out and reaching your fitness goals! By becoming a member of FitLinxx™, the more you exercise the more FitPoints you earn, and the more prizes you can receive! For more information see a Fitness Attendant.

Fitness & Wellness

FITNESS CLASSES OFFERED AT THE ERIE COMMUNITY CENTER INCLUDE:

- All Levels Yoga
- Arthritis Foundation Exercise Class
- BODYCOMBAT®
- BODYPUMP®
- Barre Tone
- Boot Camp
- Cardio Circuit
- Core Strength
- Express Core
- Gentle Yoga
- Interval Training
- Mommy Intervals
- Muscle Conditioning
- Nia®
- Pilates
- Piloxing
- Power Step
- Ride 60
- SilverSneakers® Cardio Circuit
- SilverSneakers® Muscular Strength & Range of Movement
- Step Interval
- Total Body Conditioning
- Yoga
- Yogalates
- Zumba®
- Zumba Gold®

For class descriptions, visit www.erieco.gov/fitness



Get involved in one of our newest and most popular classes!

Born in the Navy SEALs, TRX® Suspension Training® uses bodyweight exercise to simultaneously develop strength, power, endurance, mobility, durability, balance, flexibility, and core stability.

Regardless of your age, if you are out of shape or a pro athlete, injured or at the top of your game, TRX Suspension Training meets you where you are and takes you where you want to go.

Classes are 6 weeks long and you're able to choose the days and times that work best for you. Go once a week or five times a week, the choice is yours!

Classes begin in January and are \$39 R / \$49 NR.

Transform your body into its own machine, reach your goals and get the results you want!



Fitness & Wellness (cont.)

SESSION BASED PROGRAMS

Weight Loss Challenge (ages 18+)

This is a fun and interactive class where we educate and share ideas regarding optimum nutrition and fitness! Meet weekly and learn about proteins, carbs, sugars, fats, dining out, fibers, interval training, balancing calories and MORE! Then learn how to apply at home. Receive a free metabolic evaluation and guided meal plan. Prizes will be awarded for most weight loss (% body weight), most inches lost and most muscle gained!

Day: Monday
Dates: 7576.130 - January 7 – February 25
Times: 6:00 – 7:00 pm
Fee: R \$55 / NR \$69



Yin Yoga (ages 15+)

Yin Yoga is a restorative style of yoga that focuses on the deeper parts of the body. With breath as a guide and relaxation as the goal, Yin Yoga takes the practitioner deeper into the body's connective tissue where it can be unwound and released. This practice is appropriate for all levels and is designed to help you slow down and soften.

Day: Wednesday
Dates: 7576.132 - February 20 – March 27
Times: 7:00 – 8:00 pm
Fee: R \$49 / NR \$59



Winter Maintenance Program for Runners (ages 18+)

This one hour running class will be broken up into two, 30 minute sections. The first 30 minutes will consist of running exercises such as steady state, intervals and lactic threshold runs. The last 30 minutes will be devoted to bodyweight exercises designed to make runners stronger such as upper and lower body and core exercises. Depending on the weather this class will either take place outside or upstairs on the track.

Day: Sunday & Wednesday
Dates: 7576.115 - January 6 – March 13
Times: 2:30 - 3:30 pm (Sunday)
5:30 – 6:30 am (Wednesday)
Fee: R \$69 / NR \$85



Introduction to Resistance Training (ages 15+)

This class is intended for people who are new to resistance training and need or want to develop muscle tone, increase their strength or lose weight. You will learn the fundamentals of form, selecting weight amounts and setting up workout routines that are safe, effective and fun. Class will be led by Larry Woods, certified personal trainer.

Day: Monday & Wednesday
Dates: 7576.116 - January 14 – February 20
Times: 6:00 – 7:00 pm
Fee: R \$115 / NR \$145



Strong Girls (ages 10-13)

This is a fitness training program specifically designed for young girls ages 10-13. The goal is to develop cardiovascular and respiratory endurance, strength, stamina, speed, flexibility, coordination, agility and balance. This class will help your young lady develop fitness knowledge and confidence in exercising on her own.

Day: Tuesday & Thursday
Dates: 7576.145 - February 19 – March 21
Times: 4:00 – 4:45 pm
Fee: R \$49 / NR \$59



Youth Sports Conditioning (ages 10-13)

This is a pre-season training program designed to help young athletes stay in peak physical shape between seasons. The goal is to develop cardiovascular and respiratory endurance, strength, stamina, speed, power, flexibility, coordination, agility, balance and accuracy.

Day: Monday & Wednesday
Dates: 7576.120 - February 25 – March 27
Times: 4:00 – 4:45 pm
Fee: R \$49 / NR \$59

Wise and Well (ages 18+)

This is a ten week, 20 session all-encompassing program which will include yoga, pilates, weight training, meditation techniques and overall fitness awareness for the beginning health seeker. Individuals will be introduced to a variety of exercise class formats and familiarized with weight training exercises. The goal is to create a life long habit of health through proper instruction and camaraderie.

Day: Monday & Wednesday
Dates: 7576.101 - January 21 – March 27
Times: 5:30 – 6:45 pm
Fee: R \$129 / NR \$159

Men's Health Group (ages 18+)

The Men's Health group is a three month program focused on supporting participants to make smart and effective dietary and lifestyle changes to achieve optimal health. Mike Lamitola, a Certified Health and Nutrition Coach, leads this program and has created it specifically for men. Over the course of the three months, participants will learn how to increase energy, reduce and manage stress and achieve and maintain a healthy weight. The program will also explore some of the more common dietary theories and why they work for some of us and not others. Each individual will be able to evaluate their own specific needs and goals and will learn how to make sustainable changes in order to reach them.

Day: Every other Wednesday
Dates: 7576.140 - January 23 – April 3
Times: 6:00 – 7:00 pm
Fee: R \$179 / NR \$225

Triathlon Training (ages 18+)

Triathlon Training is designed for beginners as well as those who have some triathlon experience. All aspects of a triathlon will be covered: swim, bike, run, and transitions. This class will provide motivation and camaraderie in a fun and supportive environment while helping you prepare for the Longmont Sprint Triathlon in June (price for triathlon is not included in program fee). Come to a free informational meeting on Thursday, March 7 at 5:30 pm at the Center to learn more about this program.

Day: Tuesday
Dates: 7525.103 - March 12 – May 28
Times: 5:15 – 6:30 pm
Fee: R \$69 / NR \$75

10K Training (ages 18+)

If you are new to running or tired of your current fitness routine this class will get you started on the right foot. Our running coaches will help you prepare for the Bolder Boulder 10K with a different running workout each week. Both beginner and intermediate runners will be challenged. Class meets Wednesdays 6:00 - 7:30 pm for track workouts and Saturdays 8:00 - 9:30 am for group runs.

Day: Wednesday & Saturday
Dates: 7528.102 - March 20 – May 22
Times: 6:00 – 7:30 pm (Wednesday)
8:00 – 9:30 am (Saturday)
Fee: R \$69 / NR \$85

General Interest



“Village” (Newborn - 18 mos)

Bond with your baby, and connect with mommies just like you! In this class for lap babies, crawlers and new walkers, our developmentally-based activities include: singing, listening, instrument play, literature and creative movement. Walkers belong in this class up to the 18-20 month age of running and using 20 words. An additional \$35 materials fee is due to instructor by check or cash on first day of each session.

Session I “Hickory, Dickory, Tickle & Bounce”: A whimsical new twist on old-fashioned nursery rhymes while we explore movement. Go up, over, under, around and through the clock...and guess who is the mouse? At home materials include: CD/mp3s, board book, nursery murals, and gripper-shaker instrument.

Day: Tuesday
Dates: 3215.101 - January 15 - February 26
Time: 10:30 - 11:15 am
Fee: R \$55 / NR \$69



Session II “The Rhythm of My Day”: Ways to make music at wake-up time, mealtime, playtime, bath time and bedtime - as baby bounces through the house all day long! At home materials include: CD/mp3s, board book, nursery murals, and baby-safe mini tambourine shaker. No class March 26 & April 2 due to Spring Break.

Day: Tuesday
Dates: 3215.103 - March 12 - May 7
Time: 10:30 - 11:15 am
Fee: R \$55 / NR \$69



“Our Time” (ages 18 mos - 3)

For busy parents trying to bond with their even busier tots! You'll cherish “Our Time” to sing, listen, explore instruments, enjoy literature and discover movement - together! This session's theme is: “Fiddle-dee-dee”, a 14-week unit taking its name from the folk song about the fly who married the bumblebee. “Fiddle” around with us as we explore the animal kingdom - furry, web-footed, winged or whiskered - all to the tune of stringed instruments. At home materials include: 2 CDs/mp3s, 2 books, an activity workbook, and a set of “fiddle” sticks. An additional \$55 materials fee is due to the instructor by check or cash on the first day. No classes March 26 and April 2 due to Spring Break.

Day: Tuesday
Dates: 3216.101 - January 15 - April 30
Time: 9:30 - 10:15 am
Fee: R \$145 / NR \$179



“Wiggle & Grow” (ages 2- 3^{1/2})

A 4-week introduction to Kindermusik! Each week you and your child will love singing, dancing, and playing instruments with their new friends. You'll love helping them practice a wide variety of abilities such as gross and fine motor skills, turn-taking, social skills, and active listening. Your class price includes the Kindermusik@Home digital home materials, including music from class, interactive online activities, and our storybook from class in e-book format.

Day: Wednesday
Dates: 3216.103 - April 17 - May 8
Time: 9:30 - 10:15 am
Fee: R \$55 / NR \$69



“Playdate” (Newborn - 7)

For babies, toddlers, preschoolers, and school-age children with a parent or caregiver, this one-time class provides you the opportunity to see what Kindermusik is all about. Join us for “Animals Are Everywhere!” - a Kindermusik Playdate. Let's listen to the sounds of the zoo as we bounce like kangaroos, trot like horses, and get ready to “Put Your Left Paw In” for a Kindermusik-style “hokey-pokey”. You'll even take home a music download and instrument!

Day: Tuesday
Dates: 3212.105 - May 14
3213.105 - May 21
Time: 9:30 - 10:15 am
Fee: R \$19 / NR \$25 - Sibling R \$9 / NR \$15



AMERICAN RED CROSS TRAINING CLASSES

American Red Cross - Babysitter's Training (ages 11-15)

The American Red Cross Babysitter's Training course provides individuals, ages 11-15, with the information and skills necessary to provide safe and responsible care for children; in the absence of parents or guardians. Please bring a pen/pencil and a sack lunch.

Day: Saturday
Dates: 3250.102 - February 2
3250.103 - March 9
3250.104 - April 13
Time: 9:00 am - 4:00 pm
Fee: R \$75 / NR \$95

SPECIAL INTEREST CLASSES

Hunter Education (ages 10+)

This course allows the opportunity for individuals to become familiar with the fundamentals of firearm handling and safety. The Colorado Division of Wildlife requires this certification for all hunters who were born after 1949. Attendance is required for every class to complete the certification. Class will be held Wednesday through Saturday at the Center. After the morning portion on Saturday, the class will meet at the shooting range at 2:00 pm. Registration will close on February 18.

Day: Wednesday - Saturday
Dates: 3240.102 - February 27 - March 2
Time: 6:00 - 9:00 pm - Wednesday - Friday
8:00 am - 2:00 pm - Saturday
Fee: R \$10 / NR \$10

General Interest (cont.)

KARATE

Uechi Ryu is an Okinawan martial art that consists of both Chinese Kung Fu and Okinawan Karate. Uechi Ryu Kokusai Karate Do teaches students how to fight in close combat, utilizing fast kicks and punches, throwing, and joint locks while using the body's "center" in order to optimize the amount of power. For more information visit www.bennettskarate.com.

Kids' Karate (ages 4-6)

In this class, participants concentrate on karate basics through fun drills that exercise the body, and develop coordination and discipline. Students will also learn to count from 1 - 10 in Japanese, as well as, learn basic Japanese phrases used in the dojo. This program has its own ranking system and its purpose is to prepare younger students for the beginner or intermediate classes.

Day:	Saturday
Dates:	3291.101 - January 5 - January 26 3291.102 - February 2 - February 23 3291.103 - March 2 - March 23 3291.104 - April 6 - April 27 3291.105 - May 4 - May 25
Time:	11:30 am - 12:00 pm
Dates:	3292.101 - January 5 - January 26 3292.102 - February 2 - February 23 3292.103 - March 2 - March 23 3292.104 - April 6 - April 27 3292.105 - May 4 - May 25
Time:	12:00 - 12:30 pm
Fee:	R \$35 / NR \$45 - Sibling Fee \$30

Beginner Karate (ages 7+)

This class is for youth aged students who are new to karate or have just graduated from kids' karate. Please note that this class is combined with the intermediate and advanced class.

Day:	Monday & Thursday
Dates:	3290.101 - January 3290.102 - February 3290.103 - March 3290.104 - April 3290.105 - May
Time:	5:30 - 6:15 pm
Fee:	R \$45 / NR \$ 55 - Sibling Fee \$39

Intermediate Karate (ages 7+)

This class is for those students who are yellow belts (ready to test) and higher, or beginner adult students.

Day:	Monday & Thursday
Dates:	4290.101 - January 4290.102 - February 4290.103 - March 4290.104 - April 4290.105 - May
Time:	5:45 - 6:45 pm
Fee:	R \$45 / NR \$ 55 - Sibling Fee \$39

Advanced Karate (ages 7+)

This class is for those students who are brown belts (ready to test) or higher.

Day:	Monday & Thursday
Dates:	4291.101 - January 4291.102 - February 4291.103 - March 4291.104 - April 4291.105 - May
Time:	5:30 - 6:45 pm
Fee:	R \$45 / NR \$55 - Sibling Fee \$39

Beginner Aikido (ages 7+)

Aikido classes are held at the Bennett's Karate dojo, located at 515 Briggs Street. Aikido is a Japanese Martial art developed by Morihei Ueshiba in the 1920's and 1930's. It is used to defend and disarm while also protecting the attacker from serious injury. Joint locking techniques and throwing motions are performed in a way as to blend with the attacker and re-direct the force rather than opposing it. Students will also learn various ground locking positions, how to fall properly, as well as, how to take down an opponent. This is a traditional martial art and will require students to learn and understand Japanese terminology. The use of white karate-style uniforms and hakama is required.

Day:	Tuesday & Saturday
Dates:	4292.101 - January 4292.102 - February 4292.103 - March 4292.104 - April 4292.105 - May
Time:	5:30 - 6:15 pm (Tuesday) 1:45 - 2:30 pm (Saturday)
Fee:	R \$45 / NR \$ 55 - Sibling Fee \$39



General Interest (cont.)

ADULT DANCE CASABLANCA DANCE

Beginner Ballroom (ages 18+)

You will glide through the Waltz, Fox Trot and sultry Tango. You will learn to lead your partner through a variety of steps and turns. This class will help you develop a good foundation of dancing - perfect for weddings, social events or a night out. Each class will include a review of steps previously learned, an introduction to new steps and practice time. Couples need to register together to receive the couple's rate. Please note there is no class March 26 for Spring Break.

Day: Thursday
Dates: 4271.101 - January 24 - February 21
Time: 7:00 - 8:00 pm

Day: Tuesday
Dates: 4271.103 - March 5 - April 2
Time: 7:30 - 8:30 pm

Fee: R \$89 / NR \$109

Intermediate Ballroom (ages 18+)

The next level of ballroom where participants will learn additional steps, turns, and combinations. This class will cover the Waltz, Foxtrot and Tango. Each class session will include a review of steps previously learned, an introduction to new steps and practice time. Couples need to register together to receive the couple's rate. Please note there is no class March 28 for Spring Break.

Day: Thursday
Date: 4273.103 - March 7 - April 4
Time: 7:30 - 8:00 pm
Fee: R \$89 / NR \$109

Advanced Ballroom (ages 18+)

The next level of ballroom where participants will learn additional steps, turns, and combinations. This class will cover the Waltz, Foxtrot and Tango. Each class session will include a review of steps previously learned, an introduction to new steps and practice time. Couples need to register together to receive the couple's rate.

Day: Tuesday
Dates: 4273.101 - January 22 - February 19
Time: 7:30 - 8:30 pm
Fee: R \$89 / NR \$109

Salsa (ages 18+)

A lively Latin dance that is fun and easy to learn. This class will give people a great experience of the Latin culture as well as a fantastic workout through the energizing rhythms of Salsa. Couples need to register together to receive the couple's rate. Please note there is no class March 28 for Spring Break.

Day: Thursday
Date: 4272.103 - March 7 - April 4
Time: 8:00 - 9:00 pm
Fee: R \$89 / NR \$109



Swing (ages 18+)

Learn to swing dance! Try this popular dance that is fun and easy to learn. This class will get you moving. A fantastic dance to learn for weddings and nights out on the town. This class will cover single time Swing steps, along with common turns. Couples need to register together to receive the couple's rate.

Day: Thursday
Dates: 4274.101 - January 24 - February 21
Time: 8:00 - 9:00 pm
Fee: R \$89 / NR \$109

ARTS AND CRAFTS HARMONY'S A.C.T.



Harmony's A.C.T. ~ Art of Preschool (ages 2-5)

This 6-week art class is designed for your little artist to explore all different types of art medium. Each week children will make three art projects around a story that is read in class. This is a drop-off class. Come play, sing, read stories, and create art!

Day: Monday
Dates: 3305.101 - January 7 - February 11
3305.103 - February 25 - April 8
3305.104 - April 15 - May 20
Time: 10:00 - 11:15 am
Fee: R \$95 / NR \$119

Harmony's A.C.T. ~ Messy Mondays, Parent & Tot (ages 1½ - 4)

This class is designed for you and your child to create art by making a mess and exploring a large range of art materials. We will be making three projects each class. Materials are non-toxic and earth friendly. We do use food in this class so please let instructor know of any allergies. Classes are 6 weeks.

Day: Monday
Dates: 3306.101 - January 7 - February 11
3306.102 - February 25 - April 8
3306.103 - April 15 - May 20
Time: 9:00 - 11:00 am
Fee: R \$69 / NR \$85

Harmony's A.C.T. ~ Fancy Fairies Camp (ages 3-8)

Enjoy a morning full of make believe! Participants will create glittering fairy wings a flower wreath headband, and their own little fairy mushroom house from clay. We will dance, play fairy games, create fairy art, and make a fairy wand. Please bring a sack lunch.

Day: Monday
Dates: 3301.103 - April 1
Time: 10:00 am - 12:30 pm
Fee: R \$29 / NR \$35



Harmony's A.C.T. ~ Lego Star Wars Camp (ages 4-9)

We will be making your favorite Lego Star Wars characters out of clay. Make a Darth Maul mask and a Droid battle scene. Enjoy free time to build with Legos too. Participants will create three great art projects and also have a Lightsaber battle! Peanut-free snack is provided.

Day: Thursday
Dates: 3302.103 - April 4
Time: 1:00 - 4:00 pm
Fee: R \$35 / NR \$45



General Interest (cont.)

GYMNASTICS GINA'S SUPER BUS, INC.

An annual \$10 registration fee will be collected by the instructor on the first day of class. Please bring cash or check only. This is a parent drop-off program. Parent visitation day is the last day of the program.
All classes meet in the south gym.

For more information about Super Bus Gymnastics, or which class is right for you, contact Gina Crescentini at 303.828.3383 or ginarescentini@yahoo.com

*Fee: R \$45 / NR \$55
**Fee: R \$65 / NR \$79
***Fee: R \$85 / NR \$105

Super Bus Gymnastics Gym Tots (ages 2½ - 3)

The Gym Tots class focuses on a combination of basic motor movements, body positions, coordination, balance, and the introduction of beginner gymnastics skills. The class will help start your child's foundation for all athletic development and help them develop listening skills, comfort in a social setting and following instructions. Children develop their skills through work on balance beams, bars, rings, trampolines and tumbling mats. All skills and equipment are scaled down to accommodate each child's size and level of ability. Classes will be held on the Super Bus and inside the Center's gymnasium.

Day:	Wednesday
Dates:	3273.101 - January 9 - February 27*** 3273.103 - March 6 - March 27* 3273.104 - April 10 - May 15**
Day:	Thursday
Dates:	3210.101 - January 10 - February 28** (No class February 21) 3210.103 - March 7 - March 28* 3210.104 - April 11 - May 16**
Day:	Friday
Dates:	3278.101 - January 11 - March 1** (No class February 22) 3278.103 - March 8 - March 29* 3278.104 - April 12 - May 17**
Time:	9:15 - 10:00 am

Super Bus Gymnastics Tiny Tumblers (ages 2½ - 5)

The Tiny Tumblers class is the next step up for those who have out grown the Gym Tots level. A great class for families! This class focuses on basic motor movements, body positions, coordination, balance, and gymnastics skills but teaches at a slightly higher level. This class is good for children with some gymnastics experience or at least developed motor skills. Children develop their skills through work on balance beams, bars, rings, trampolines and tumbling mats. All skills and equipment are scaled down to accommodate each child's size and level of ability. Classes will be held on the Super Bus and inside the Center's gymnasium.

Day:	Tuesday
Dates:	3270.101 - January 8 - February 19*** 3270.103 - March 5 - March 26* 3270.104 - April 9 - May 14**
Day:	Thursday
Dates:	3276.101 - January 10 - February 28** (No class February 21) 3276.103 - March 7 - March 28* 3276.104 - April 11 - May 16**
Time:	3:00 - 3:45 pm



Super Bus Gymnastics Tumblers (ages 3-5)

This class builds on skills previously learned in Gym Tots and takes your gymnast to a higher level. More complex skills and combinations are taught with a focus on more attention to detail. Students improve their strength, coordination, flexibility, and self confidence while enjoying a fun and challenging approach to learning. Classes will be held both on the Super Bus and inside the Center's gymnasium. This is a parent drop off program.

Day:	Wednesday - 10:15 - 11:00 am
Dates:	3274.101 - January 9 - February 27*** 3274.103 - March 6 - March 27* 3274.104 - April 10 - May 15**
Day:	Thursday - 10:15 - 11:00 am
Dates:	3211.101 - January 10 - February 28** (No class February 21) 3211.103 - March 7 - March 28* 3211.104 - April 11 - May 16**
Day:	Friday - 10:15 - 11:00 am
Dates:	3279.101 - January 11 - March 1** (No class February 22) 3279.103 - March 8 - March 29* 3279.104 - April 12 - May 17**
Day:	Wednesday - 11:15 am - 12:00 pm
Dates:	3275.101 - January 9 - February 27*** 3275.103 - March 6 - March 27* 3275.104 - April 10 - May 15**
Day:	Thursday - 11:15 am - 12:00 pm
Dates:	3212.101 - January 10 - February 28** (No class February 21) 3212.103 - March 7 - March 28* 3212.104 - April 11 - May 16**
Day:	Friday - 11:15 am - 12:00 pm
Dates:	3280.101 - January 11 - March 1** (No class February 22) 3280.103 - March 8 - March 29* 3280.104 - April 12 - May 17**

Super Bus Gymnastics Beginner Gymnastics (ages 6-9)

Gymnasts at this level will continue to build their skills in all areas of the sport. This is a supportive, non-competitive program. The goal of this program is to have fun with your gymnastics friends while improving trampoline skills, coordination, strength, flexibility, and spatial awareness. Skills will be developed through use of equipment in the Super Bus and in the Center's gymnasium. Activities will be emphasized by a fun learning environment. These classes are a great continuation of our preschool program. Prior gymnastics experience is recommended for the Thursday class.

Day:	Tuesday
Dates:	3271.101 - January 8 - February 26*** 3271.103 - March 5 - March 26* 3271.104 - April 9 - May 14**
Day:	Thursday
Dates:	3277.101 - January 10 - February 28** (No class February 21) 3277.103 - March 7 - March 28* 3277.104 - April 11 - May 16**
Time:	4:00 - 4:45 pm

General Interest (cont.)

YOUTH DANCE & SINGING

LA BELLA BALLERINA DANCE ACADEMY

For more information on dance clothes, shoes, or which class is right for you, contact Tamra Harvey at 720.373.1322 or labellaballerina@comcast.net

Jump N' Jive Show Choir (ages 7-12)

Like to sing and dance? Interested in competing in talent shows? Want to learn how to improve your performance abilities and stage presence? This class will teach boys and girls how to become better on stage performers. Let your child develop their self-confidence through this fun class. Class participants will perform in a spring recital. Performance t-shirt included.

Day: Tuesday
Dates: 3268.101 - January 8 - April 30
Time: 5:00 - 6:00 pm
Fee: R \$185 / NR \$229

Creative Movement (ages 2 ¹/₂ - 3)

A coordination class for the little dancer who wants to get a taste of what dance is all about. Basic dance moves, steps and concepts are explored.

Day: Wednesday
Dates: 3281.101 - January 9 - May 1
Time: 11:30 am - 12:00 pm
Fee: R \$169 / NR \$209

Creative Movement - Pre-Ballet/Tap (age 3)

The pre-ballet and tap dancer learns coordination steps such as skipping and hopping. Basic ballet steps will also be taught. The tap portion of the class focuses on steps and exercises to help the dancer become quicker on their feet.

Day: Wednesday
Dates: 3282.101 - January 9 - May 1
Time: 10:00 - 10:45 am

Day: Thursday
Dates: 3284.101 - January 10 - May 2
Time: 10:00 - 10:45 am

Day: Saturday
Dates: 3288.101 - January 5 - May 4
Time: 10:00 - 10:45 am

Fee: R \$169 / NR \$209

Creative Movement - Pre-Ballet/Tap (age 4)

The pre-ballet and tap dancer learns coordination steps such as skipping and hopping. Basic ballet steps will also be taught. The tap portion of the class focuses on steps and exercises to help the dancer become quicker on their feet.

Day: Wednesday
Dates: 3283.101 - January 9 - May 1
Time: 10:45 - 11:30 am

Day: Thursday
Dates: 3285.101 - January 10 - May 2
Time: 10:45 - 11:30 am

Day: Saturday
Dates: 3289.101 - January 5 - May 4
Time: 10:45 - 11:30 am

Fee: R \$169 / NR \$209

Beginner Ballet & Tap (ages 5-8)

For the dancer who has had very minimal dance experience; less than 2 years.

Day: Monday
Dates: 3259.101 - January 9 - May 1
Time: 4:00 - 5:00 pm
Fee: R \$185 / NR \$229

Beginner Ballet/Jazz (ages 5-8)

For the dancer who has had very minimal dance experience; less than 2 years.

Day: Wednesday
Dates: 3269.101 - January 9 - May 1
Time: 4:00 - 5:00 pm
Fee: R \$185 / NR \$229

Intermediate Ballet/Tap (ages 7-12)

For the dancer who has at least 2 years dance experience.

Day: Tuesday
Dates: 3264.101 - January 8 - April 30
Time: 4:00 - 5:00 pm
Fee: R \$185 / NR \$229

Intermediate Ballet/Jazz (ages 7-12)

For the dancer who has had at least 2 years dance experience.

Day: Thursday
Dates: 3266.101 - January 10 - May 2
Time: 4:00 - 5:00 pm
Fee: R \$185 / NR \$229

Hip Hop (ages 6-13)

Boys and girls are encouraged to sign up for this beginner and intermediate level hip hop class. Come prepared to really move! Please wear loose clothes and tennis shoes.

Ages: 6-9
Day: Wednesday
Dates: 3265.101 - January 9 - May 1
Time: 5:00 - 6:00 pm

Ages: 9-13
Day: Saturday
Dates: 3267.101 - January 5 - May 4
Time: 9:00 - 10:00 am

Fee: R \$185 / NR \$229

Ballroom Dance for Kids (ages 6-15)

Each group will learn steps for Waltz, Swing, Cha Cha, Foxtrot, Samba and others. All levels are welcome, students will be separated into different age groups. Partners are encouraged but not required. Discounts available if you sign up with a partner. Please wear stretchy pants and shirts, and dress shoes (no jeans or tennis shoes).

Day: Wednesday
Dates: 3287.103 - January 9 - May 1
Time: 6:00 - 7:00 pm
Fee: R \$185 / NR \$229 - per person
R \$285 / NR \$355 - per couple

General Interest (cont.)

SEWING

Beginner Sewing (ages 9+)

The beginner sewing course teaches kids the lifelong skill of sewing. Students will complete a five week session which will teach the basics in sewing terminology, techniques and the operation of a sewing machine. Students will complete a class project using these skills. Sewing machines are provided but students are welcome to bring their own. A \$5 materials fee is due to the instructor on the first day.

Youth Beginner Sewing
Ages: 9-15
Day: Wednesday
Dates: 3236.101 - January 23 - February 20
3236.102 - February 27 - March 27
3236.104 - April 17 - May 15
Time: 4:30 - 6:00 pm
Fee: R \$45 / NR \$55

Adult Beginner Sewing
Ages: 16+
Day: Tuesday
Dates: 4236.101 - January 22 - February 19
4236.102 - February 26 - March 26
4236.104 - April 16 - May 14
Time: 6:00 - 7:30 pm
Fee: R \$45 / NR \$55

Intermediate Sewing (ages 9+)

This class builds on the basic skills learned in the beginner class. Different sewing techniques will be introduced to complete higher level projects. Students will work with the instructor to select the appropriate project for the skill to be learned. Students may also bring their own project to class. Students will be required to get their own materials for the project of their choosing. Materials will be discussed on the first day. See below for adult and youth class schedules.

Day: Tuesday
Dates: 3237.101 - January 22 - February 19
3237.102 - February 26 - March 26
3237.104 - April 16 - May 14
Time: 4:30 - 6:00 pm
Fee: R \$45 / NR \$55

DAVIES CREATIVE PHOTOGRAPHY WORKSHOPS



Introduction to Digital Photography (ages 14+)

The perfect beginner's class, this workshop will help you understand the basics of digital photography and will have a huge impact on the quality of the pictures that you take. We will cover in detail the fundamentals of photography as well as understanding the settings and options on your camera. In two hours we will remove the mystery from photography and get you creating better images. It's also a great class for intermediate shooters who have some experience under their belt. By going back to the fundamentals and understanding them well, you can take your photography to the next level. Bring your camera and camera manual.

Dates: 3261.101 - Wednesday, January 23 6:30 - 8:30 pm
3261.102 - Saturday, February 23 1:00 - 3:30 pm
3261.103 - Thursday, March 21 6:30 - 8:30 pm
3261.104 - Tuesday, April 23 6:30 - 8:30 pm
Fee: R \$45 / NR \$55

Understanding Your Digital Camera (ages 14+)

In this beginner's class, we will explore the function of digital cameras from top to bottom. No more confusing manuals written by engineers for engineers! Just plain English of what the features of your camera are and how to use them. This workshop will also cover some of the fundamentals of photography so that you understand the how and why of each set of choices, and when to choose one over the other. Bring your camera and camera manual.

Date: 3260.101 - Thursday, January 31 6:30 - 8:30 pm
Fee: R \$45 / NR \$55

Photographing Sports (ages 14+)

Erie has a variety of great sports programs. There's a good chance someone you know is playing in one of them. In this hands-on workshop you will learn how to take great sports photos as we teach on the sidelines of games being played here in Erie. While you might not wind up on the cover of Sports Illustrated, after just a few hours the quality of your sports photography will grow dramatically. We'll cover equipment and techniques right there at the game with your own camera. Please bring your camera and your manual. Optional: a tripod or monopod.

Date: 3262.105 - Saturday, April 27 11:00 am - 2:00 pm
Fee: R \$59 / NR \$69

Take Better Photos of Your Kids (ages 14+)

Learn how to photograph your children and love it! Are you sick of taking sub-par pictures of your children? Are your photo albums and scrapbooks full of pictures with red eye, shadows masking their faces, and rarely looking at the camera? If so, we have good news for you! This two-hour class with Davies Creative Photography's Matthew Davies, will teach you all you need to know to capture amazing images of your children. Bring a photo of your child to enter to win a complimentary portrait session and wall portrait from Davies Creative Photography! Bring your camera and camera manual.

Date: 3263.101 - Thursday, January 17 6:30 - 8:30 pm
Date: 3263.102 - Thursday, February 28 6:30 - 8:30 pm
Date: 3263.103 - Saturday, March 16 1:00 - 3:00 pm
Fee: R \$45 / NR \$55

Composition in Photography (ages 14+)

In this lecture we will look at the decisions being made from a standpoint of the composition of the image. We will review guidelines on how to make good compositional choices based on established rules so that you can then either follow or break those rules when it makes sense for your image. We go well beyond the rule of thirds and talk about the pillars of visual arts - the foundation elements of aesthetics.

Date: 3265.102 - Wednesday, February 27 6:30 - 8:30 pm
Fee: R \$45 / NR \$55

Lighting the Portrait - Intermediate (ages 14+)

Whether you shoot on location, in a home studio, or in a retail studio, this workshop is a great place to learn how to light a portrait using flash and strobe. You will work hands on with the lighting, the modifiers and work with a model to achieve images you not only created, but designed yourself. You'll learn how to light a studio portrait using speedlights/strobes as well as reflectors and other modifiers. We will expand upon the use of light modifiers and their role in getting very specific lighting results. Bring your DSLR camera and your camera manual. Optional: speedlights, tripod. This is an intermediate level class.

Date: 3266.104 - Saturday, April 13 1:00 - 5:00 pm
Fee: R \$79 / NR \$95



Spring Break Camp

Join us for a week of fun! Creative arts, climbing, swimming, structured team games and more, will fill your child's days. Just to add to the fun, all campers will go on a field trip on the Thursday of Spring Break week. Camp will start at 9:00 am and end at 5:00 pm. Before and after care is included in camp fees. Before care starts at 7:00 am and after care ends at 6:00 pm. Space is limited so register early! Please read the Parent Packet and complete the participant forms at least one week before attending camp.

Participant forms must be submitted once per calendar year.
More information can be found at www.erieco.gov/camperie.

Registration deadline is March 29.

The Spring Break field trip will be listed by January 31, 2013.
Camp Erie is a state licensed day camp program. Ages 5-12.



DAY	DATE	TIME	FEE
Monday - Friday	3801.104 - April 1 - 5	9:00 am - 5:00 pm	R \$165 / NR \$205
Monday	3802.104 - April 1	9:00 am - 5:00 pm	R \$35 / NR \$45
Tuesday	3803.104 - April 2	9:00 am - 5:00 pm	R \$35 / NR \$45
Wednesday	3804.104 - April 3	9:00 am - 5:00 pm	R \$35 / NR \$45
Thursday	3805.104 - April 4	9:00 am - 5:00 pm	R \$45 / NR \$55
Friday	3806.104 - April 5	9:00 am - 5:00 pm	R \$35 / NR \$45

No School Days



Join us for a day of climbing, gym games, swimming and arts and crafts while you have a day off from school! Bring a bathing suit and towel, a sack lunch and two snacks. Before and after care is included in camp fees.

Before care is from 7:00 - 9:00 am, and after care is from 5:00 - 6:00 pm.

Camp Erie is a state licensed childcare program. Ages 5-12.

DAY	DATE	TIME	FEE
Wednesday	3808.312 - January 2	9:00 am - 5:00 pm	R \$29 / NR \$35
Monday	3804.101 - January 21	9:00 am - 5:00 pm	R \$29 / NR \$35
Friday	3810.103 - March 1	9:00 am - 5:00 pm	R \$29 / NR \$35

Before & After School Program



Camp Erie offers a before & after school program at Aspen Ridge Preparatory School!

The program is offered Monday-Friday from 6:30 - 8:00 am and 3:00 - 6:00 pm. Days off from school will be held at the Erie Community Center. Participants must be enrolled at Aspen Ridge Preparatory School.

MONTHLY FEE	BEFORE SCHOOL	AFTER SCHOOL
1 x week	\$49	\$69
2 x week	\$69	\$139
3 x week	\$135	\$185
4 x week	\$165	\$239
5 x week	\$195	\$289
DAILY FEE	\$15	\$19
POWER HOUR 3:05 - 4:05 pm	-	\$5

Camp Erie



Summer Camp May 28 - August 9 • 7:00 am - 6:00 pm

Looking for fun activities for your children this summer? Send them to Camp Erie! Weekly activities include: arts and crafts, sports, field trips, swimming, climbing, games and a whole lot more!

Log onto www.erieco.gov/camperie for more information, participant forms, field trip selections, and more! Camp will start at 9:00 am and end at 5:00 pm. Before and after care is included in camp fees. Before care starts at 7:00 am and after care ends at 6:00 pm. Please read the Parent Packet and complete the participant forms at least one month before attending camp. Participant forms must be completed once per calendar year.

Registration begins February 23 for residents and March 2 for non-residents.

Camp Erie is a state licensed day camp program. Ages 5-12.

Week 1:	May 28 - May 31
Week 2:	June 3 - 7
Week 3:	June 10 - 14
Week 4:	June 17 - 21
Week 5:	June 24 - 28
Week 6:	July 1 - 5 *No Camp July 4
Week 7:	July 8 - July 12
Week 8:	July 15 - July 19
Week 9:	July 22 - July 26
Week 10:	July 29 - August 2
Week 11:	August 5 - 9



Registration Opens:
February 23 for Residents
March 2 for Non-Residents

Visit: www.erieco.gov/camperie
for more information!

SUMMER CAMP FEES

	Resident	Non-Resident
Single Day	\$45	\$55
Single Week	\$165	\$205
NEW! Full Summer (No Refunds)	\$1650	\$2065



Special Events

Don't forget...

Holiday Lighting Contest • December 13 - Register your house today!

Kris Kringle's CookieFest • December 19 - Ages 5-12, Registration open!



Singers, musicians, dancers, and more - we're looking for performers in grades K-12 to razzle and dazzle us at the Night of the Stars talent show! Registration is required. Auditions and the local show will take place at the Erie Community Center. Auditions will be held on Saturday, January 26 from 1:00 - 4:00 pm. If selected, the dress rehearsal will be on Saturday, February 9 from 1:00 - 4:00 pm. The local competition will be on Saturday, February 16 at 5:00 pm at the

Erie Community Center. First place winners will move on to compete at the multi-city finale on Saturday, March 2 at Adams City High School.

Please note: audition fees are \$5/participant and are non-refundable.

Registration deadline is January 23, for more information visit www.erieco.gov/specialevents.

9HealthFair

OWN YOUR HEALTH

Do you know your numbers? Come find out and join the thousands from around Colorado at the 9Health Fair. This year's

fair will be held at the Erie Community Center on Saturday, April 20 from 7:00 am - 12:00 pm. The 9Health Fair has been providing low cost blood chemistry screenings and health screenings for the past 30 years. Medical and non-medical volunteers are needed. Please contact volunteer@erieco.gov for more information or visit www.erieco.gov/specialevents after March 1.

ARBOR DAY & EARTH DAY CELEBRATION

Join us on Saturday, April 27 at 10:00 am at Lehigh Park for the 16th Annual celebration!

No pre-registration is required • Free to the public!

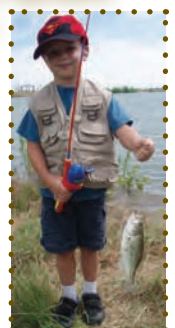


FISHING CLINIC AT THOMAS RESERVOIR

This popular event is scheduled for Saturday, May 11 from 9:00 am - 12:00 pm.

Learn about fishing, casting and baiting techniques, become familiar with varieties of local fish and enjoy some great fishing!

Registration opens March 1 - visit www.erieco.gov/specialevents for more information. Free to the public!



FOR MORE INFORMATION ON SPECIAL EVENTS, SPONSORSHIP OR ADVERTISING, PLEASE CALL 303.926.2550.
FOR VOLUNTEER OPPORTUNITIES PLEASE CALL 303.926.2550, OR EMAIL VOLUNTEER@ERIECO.GOV.

Youth Sports

Please visit www.erieparksandrec.com for league information, free agent lists/info, schedules, maps, surveys, and much more!

Volunteer Coaches Needed! If interested, please contact volunteer@erieco.gov.

BASKETBALL

Little Dribblers Basketball (ages 4-5)

Little Dribblers is a great program to teach children basic fundamentals such as dribbling, passing, shooting, and defense. Classes are held once per week for five weeks. Official games will not be played and travel is not required. Fee includes a t-shirt and all equipment is provided. We welcome parent helpers! Please let one of the staff know you wish to help. Registration deadline is one week prior to the first class.

Day: Monday
Date: January 21 - February 18
Time: 1108.301 - 4:00 - 4:45 pm
1109.301 - 4:50 - 5:35 pm

Day: Wednesday
Date: January 23 - February 20
Time: 1112.301 - 4:00 - 4:45 pm
1113.301 - 4:50 - 5:35 pm

Fee: R \$25 / NR \$29

1st & 2nd Grade Basketball (ages 6-8)

1st & 2nd Grade Basketball is a great introduction and progression to league play where children can put their dribbling, passing, shooting, and defensive skills to use in games against other Erie teams. *New for 2013! There will be separate leagues for 1st and 2nd graders, please register accordingly.* Teams practice once or twice per week and play games on Saturday mornings and/or afternoons. Fee includes a t-shirt. All teams coached by parent volunteers; if interested, please contact volunteer@erieco.gov. Registration deadline is January 4.

Day: Monday – Saturday
Date: January 14 – March 2
Grade: 1st Grade Coed - 1116.301
2nd Grade Coed - 1117.301
Fee: R \$39 / NR \$49

Denver Nuggets Skills Challenge (ages 6-13)

Come show off your shooting, dribbling, and passing skills at the Denver Nuggets Skills Challenge. This local competition will be held at the Erie Community Center on Saturday, January 19 and participants will have the opportunity to advance to a sectional and state competition. There are separate divisions based on age and gender. Participants may only register and participate in one local competition. Registration deadline is January 14.

Day: Saturday
Date: 1165.207 - January 19
Time: 3:30 - 5:30 pm
Fee: FREE

special
event!



PRESCHOOL SPORTS

PE Mix (ages 3-5)

PE Mix is a wonderful opportunity to introduce children to basic sports such as basketball, soccer, tee ball, and individual sports with a strong emphasis on FUN! Classes are held once per week for five weeks at the Center. Fee includes a t-shirt and all equipment is provided. We welcome parent helpers! Please let one of the staff know you wish to help. Registration deadline is one week prior to the first class.

Day: Tuesday
Date: April 9 - May 7
Time: 1130.104 - 10:00 - 10:45 am
1131.104 - 10:50 - 11:35 am

Day: Wednesday
Date: April 10 - May 8
Time: 1130.105 - 10:00 - 10:45 am
1132.104 - 10:50 - 11:35 am

Fee: R \$25 / NR \$29



BASEBALL

Coed Instructional Tee Ball (ages 4-5)

Instructional Tee Ball is a great program to teach children basic fundamentals such as throwing, fielding, hitting, and running. Classes are held once per week for five weeks. Official games will not be played and travel is not required. Fee includes a t-shirt and all equipment is provided. We welcome parent helpers! Please let one of the staff know you wish to help. Registration deadline is one week prior to the first class.

Day: May 20 - June 27
Location: Erie Community Park - Civic Green
Fee: R \$25 / NR \$29

Day	Time	Code
Monday	10:00 - 10:45 am	1150.205
Monday	10:50 - 11:35 am	1151.205
Monday	5:10 - 5:55 pm	1152.205
Monday	6:00 - 6:45 pm	1153.205
Tuesday	10:00 - 10:45 am	1154.205
Tuesday	10:50 - 11:35 am	1155.205
Tuesday	5:10 - 5:55 pm	1155.201
Tuesday	6:00 - 6:45 pm	1155.202
Wednesday	5:10 - 5:55 pm	1156.205
Wednesday	6:00 - 6:45 pm	1157.205
Thursday	5:10 - 5:55 pm	1155.203
Thursday	6:00 - 6:45 pm	1155.204

Youth Sports

Coed Tee Ball (ages 5-6)

Coed Tee Ball is a great progression to league play where children can put their fielding, throwing, hitting, and running skills to use in games against other Erie teams. Participants will practice once or twice per week (coach discretion) and play games Tuesday evenings on Mitchell Field at Erie Community Park. Please note that Mitchell Field is a grass-only field and fields will be lined. All players are welcome to participate in our third annual Day of Champions (when games are played on the “big fields” at The Ballpark at Erie). Fee includes a t-shirt and hat; however, all players must provide their own glove. Molded baseball cleats are recommended, but not required. Age determined as of June 1, 2013. Travel is not required. All teams coached by parent volunteers; if interested, please contact volunteer@erieco.gov. No practices/games May 27 or July 4. Registration deadline is May 5.

Day: Monday - Saturday
Date: 1160.205 - May 20 - July 20
Fee: R \$39 / NR \$49

Coach Pitch Baseball (ages 6-7)

Coach Pitch Baseball is a great opportunity for children to learn to hit a pitched ball while still applying all other skills such as fielding, throwing, and running in games against other Erie teams. Participants practice once or twice per week (coach discretion) and play games on Tuesday evenings at Coal Creek Park, Columbine Mine Park, Longs Peak Park or Reliance Park. All players are welcome to participate in our third annual Day of Champions (when games are played on the “big fields” at The Ballpark at Erie). Fee includes a t-shirt and hat; however, all players must provide their own glove. Molded baseball cleats are recommended, but not required. Age determined as of June 1, 2013. Travel is not required. All teams coached by parent volunteers; if interested, please contact volunteer@erieco.gov. No practices/games May 27 or July 4. Registration deadline is May 5.

Day: Monday - Saturday
Date: 1161.205 - May 20 - July 20
Fee: R \$39 / NR \$49

Machine Pitch Baseball (age 8)

The machine pitch baseball league will be very similar to the Coach Pitch Baseball League; however, instead of receiving a pitch from a coach, participants will learn to hit a machine pitched ball that throws more accurate and consistent strikes. Participants will continue to build upon fundamental baseball skills while incorporating game strategies. Participants practice once or twice per week (coach discretion) and play games on Thursday evenings at Coal Creek Park, Columbine Mine Park, Longs Peak Park or Reliance Park against other Erie teams. All players are welcome to participate in our third annual Day of Champions (when games are played on the “big fields” at The Ballpark at Erie). Fee includes a t-shirt and hat; however, all players must provide their own glove. Molded baseball cleats are recommended, but not required. Age determined as of June 1, 2013. Travel is not required. All teams coached by parent volunteers; if interested, please contact volunteer@erieco.gov. No practices/games May 27 or July 4. Registration deadline is May 5.

Day: Monday - Saturday
Date: 1165.205 - May 20 - July 20
Fee: R \$39 / NR \$49

4-Star Baseball (ages 9-14)

Players continue to build upon fundamental baseball skills while incorporating game strategies in a slightly more competitive environment. 4-Star Baseball consists of other agencies in the area and traveling is required. Teams practice in Erie once or twice per week (coach discretion) and play games at both home and away locations (times/locations TBD). Fee includes a t-shirt and hat; however, all players must provide their own glove. Molded baseball cleats are recommended, but not required. Age determined as of June 1, 2013. All teams coached by parent volunteers; if interested, please contact volunteer@erieco.gov. No practices/games May 27 or July 4. Registration deadline is April 21.

Day: Monday - Saturday
Date: May 6 - July 28
Date: Pee Wee (9-10 years) - 1162.205 Game Days: Wed & Fri
Junior (11-12 years) - 1163.205 Game Days: Mon & Thurs
Senior (13-14 years) - 1164.205 Game Days: Tues & Fri
Fee: R \$49 / NR \$59



SOFTBALL

Coach Pitch Softball (ages 7-8)

8 & Under Coach Pitch Softball is a great opportunity for children to learn to hit a pitched ball while still applying all other skills such as fielding, throwing, and running in games. Participants practice once or twice per week (coach discretion) and play games on weeknights (time/locations TBD). Fee includes a t-shirt and visor; however, all players must provide their own glove. Molded softball cleats are recommended, but not required. Age determined as of June 1, 2013. Teams play against other Erie, Carbon Valley and Johnstown/Miliken teams and travel is required. All teams coached by parent volunteers; if interested, please contact volunteer@erieco.gov. No practices/games May 27 or July 4. Registration deadline is April 14.

Day: Monday - Saturday
Date: 1155.103 - April 29 - June 30
Fee: R \$39 / NR \$49

IPGSA Softball (ages 9-18)

Players continue to build upon fundamental softball skills while incorporating game strategies in a slightly more competitive environment. Indian Peaks Girls Softball Association (IPGSA) consists of other agencies in the area and traveling is required. Teams practice in Erie once or twice per week (coach discretion) and play games at both home and away locations (times/locations TBD). Fee includes a t-shirt and visor; however, all players must provide their own glove. Molded softball cleats are recommended, but not required. Age determined as of June 1, 2013. All teams coached by parent volunteers; if interested, please contact volunteer@erieco.gov. No practices/games May 27 or July 4. Registration deadline is March 17.

Day: Monday - Saturday
Date: April 1 - July 14
Age: 10U - 1156.103
12U - 1157.103
14U - 1158.103
18U - 1159.103
Fee: R \$49 / NR \$59



Please visit www.erieparksandrec.com for league information, free agent lists/info, schedules, maps, surveys, and much more!

Volunteer Coaches Needed! If interested, please contact volunteer@erieco.gov.

Youth Sports (cont.)

Please visit www.erieparksandrec.com for league information, free agent lists/info, schedules, maps, surveys, and much more!

Volunteer Coaches Needed! If interested, please contact volunteer@erieco.gov.

SOCCER

Coed Instructional Soccer (ages 4-5)

Instructional Soccer is a great program to teach children basic fundamentals such as dribbling, passing, shooting, and defense. Classes are held once per week for five weeks. Official games will not be played and travel is not required. Fee includes a t-shirt and all equipment is provided. We welcome parent helpers! Please let one of the staff know you wish to help. Registration deadline is one week prior to the first class.

Day: Monday, Tuesday, Wednesday, or Thursday
Date: April 8 - May 16
Fee: R \$25 / NR \$29

Day	Time	Code
Monday	10:00 - 10:45 am	1175.101
Monday	10:50 - 11:35 am	1175.102
Monday	5:10 - 5:55 pm	1170.104
Monday	6:00 - 6:45 pm	1171.104
Tuesday	10:00 - 10:45 am	1172.104
Tuesday	10:50 - 11:35 am	1173.104
Tuesday	5:10 - 5:55 pm	1175.103
Tuesday	6:00 - 6:45 pm	1175.105
Wednesday	10:00 - 10:45 am	1174.104
Wednesday	10:50 - 11:35 am	1175.104
Wednesday	5:10 - 5:55 pm	1175.106
Wednesday	6:00 - 6:45 pm	1175.107
Thursday	10:00 - 10:45 am	1175.108
Thursday	10:50 - 11:35 am	1175.109
Thursday	5:10 - 5:55 pm	1176.104
Thursday	6:00 - 6:45 pm	1177.104

1st & 2nd Grade Soccer (ages 6-8)

1st & 2nd Grade Soccer is a great progression to league play where children can put their dribbling, passing, shooting, and defensive skills to use in games against other Erie teams. Teams practice once or twice per week and play games on Saturdays. Fee includes a t-shirt, shorts and socks. All players must provide their own shin guards (required). Molded soccer cleats (toeless front cleat) are recommended, but not required. All teams coached by parent volunteers; if interested, please contact volunteer@erieco.gov. Registration deadline is March 1.

Day: Monday – Saturday
Date: March 18 - May 4
Grade: 1st & 2nd Grade - 1178.103
Fee: R \$39 / NR \$49

NVAA 3rd - 8th Grade Soccer

Players continue to build upon fundamental soccer skills while incorporating game strategies in a slightly more competitive environment. The Northern Valley Athletic Association (NVAA) consists of other agencies in the area and traveling is required. Teams practice in Erie once or twice per week (coach discretion) and play games at both home and away locations (times/locations TBD). Fee includes a t-shirt, shorts and socks; however, all players must provide their own shin guards (required). Molded soccer cleats (no front cleat) are recommended, but not required. All teams coached by parent volunteers; if interested, please contact volunteer@erieco.gov. Registration deadline is February 22.

Day: Monday - Saturday
Date: March 11 - May 11
Grade: 3rd - 4th Grade Girls - 1180.103
3rd - 4th Grade Boys - 1179.103
5th - 6th Grade Girls - 1182.103
5th - 6th Grade Boys - 1181.103
7th - 8th Coed - 1183.103
Fee: R \$49 / NR \$59

Challenger Sports Soccer Skill Development Camp (ages 6-14)

Challenger Sports has established itself as the premier provider of soccer camps in North America, and has created a unique camp experience that teaches more than just dribbling, shooting, heading, and passing. Challenger's "Skill Development Camp" is an experience that combines technical instruction, tactical training, competitive play and lots of fun! During this seven-week program their professional British trainers provide players with the advanced instruction and training necessary to help them compete at a higher level. Each week the players will take part in technical, tactical and physical training sessions that will sharpen skills, improve decision making and increase speed and fitness. Registration deadline is one week prior to the first class. Register online at www.challengersports.com.

Day: Monday
Date: March 25 - May 6
Time: 5:30 - 6:30 pm (ages 6-8)
6:30 - 7:30 pm (ages 9-14)

Day: Tuesday
Date: March 26 - May 7
Time: 5:30 - 6:30 pm (ages 6-8)
6:30 - 7:30 pm (ages 9-14)
Fee: R / NR - \$85

For more information or to register, please visit www.challengersports.com or email Gianluca at ghorsfall@challengersports.com.



RACQUETBALL

Pee Wee Racquetball (ages 5-7)

Racquetball for the little ones! In this four-week class participants will learn basic racquetball techniques, play games, and develop skills while having fun! Please bring a smile and willingness to learn! Equipment is provided including balls, racquets, and glasses. Registration deadline is one week prior to the first class.

Day: Tuesday
Date: 1144.101 - January 8 - January 29
1144.102 - February 5 - February 26
1144.103 - March 5 - March 26
Time: 5:45 - 6:30 pm
Fee: R \$25 / NR \$29



Youth Sports (cont.)

Intermediate Racquetball (ages 8-16)

It's racquetball time! In this four-week class participants will focus on serve techniques, intermediate stroke mechanics, court strategy, and having fun! Please bring a smile and willingness to learn! Equipment is provided including balls, racquets, and glasses. Registration deadline is one week prior to the first class.

Day: Tuesday
Date: 1146.101 - January 8 - January 29
1146.102 - February 5 - February 26
1146.104 - March 5 - March 26
Time: 6:35 - 7:25 pm
Fee: R \$25 / NR \$29

Private Racquetball Lessons

Looking to improve your game? Please contact John Pryor at 303.926.2796 or jpryor@erieco.gov for more information about private lessons.

Get ready for CARA Tennis Team! Work on your skills and learn to play matches in a non-competitive environment! Beginning in early June - details will be in the summer program guide!

TENNIS



Tiny Tots Tennis (ages 4-6)

A fun introduction to tennis for tiny tots! We cover forehand, backhand, all volleys and net shots. This class is high-energy with various drills and plenty of fun games. You will be surprised at the progress of this age group. Get your kids involved in a sport they will play for a lifetime! All participants should bring a racquet and water to every practice. Additionally, please bring one can of new tennis balls to the first class. Classes are held at the Erie Community Park tennis courts and all sessions are conducted in three-week intervals. Registration deadline is on session start day.

Day: Tuesday & Thursday
Date: 1139.104 - April 23 - May 9
1139.105 - May 14 - May 30
Time: 4:20 - 4:50 pm
Fee: R \$69 / NR \$85

Beginner Tennis (ages 7-15)

A great introduction to tennis for beginners. We teach all strokes from forehand to backhand, volleys, and overheads, along with serves and footwork with a heavy emphasis on correct form. This class is fast-paced with plenty of drills and games to keep all kids interested. Fun instructors with a passion for the sport and teaching children. Get your kids involved in a sport they will play for a lifetime! All participants should bring a racquet and water to every practice. Additionally, please bring one can of new tennis balls to the first class. Classes are held at the Erie Community Park tennis courts and all sessions are conducted in three-week intervals. Registration deadline is on session start day.

Day: Tuesday & Thursday
Date: 1140.104 - April 23 - May 9
1140.105 - May 14 - May 30
Time: 4:55 - 5:45 pm
Fee: R \$69 / NR \$85

Advanced Tennis (ages 7-15)

A great continuation and advancement class for students. We review all strokes with heavy emphasis on correct form. This class is fast-paced with plenty of drills and games to keep all kids interested. All levels welcome! All participants should bring a racquet and water to every practice. Additionally, please bring one can of new tennis balls to the first class. Classes are held at the Erie Community Park tennis courts and all sessions are conducted in three-week intervals. Registration deadline is on session start day.

Day: Tuesday & Thursday
Date: 1141.104 - April 23 - May 9
1141.105 - May 14 - May 30
Time: 5:50 - 6:40 pm
Fee: R \$69 / NR \$85

Tennis Lessons (ages 4-15)

Looking to improve your game? Please contact Steven Donahue at 303.547.7177 or steven@hustlesports.com for more information about private lessons.



GOLF

Junior Golf (ages 7-13)

This program strives to provide each student with a basic understanding of the golf game and is designed to promote individual achievement as well as the most important aspect of learning golf - having fun! Fundamentals covered include grip, set-up, pivot, backswing, follow through, putting, chipping, pitching, and bunkers. Instructional classes are taught and supervised by experienced PGA golf professionals and Colorado National Golf Club staff. Golf clubs provided if needed. Registration deadline is one week prior to the first class.

Day: Tuesday (ages 7-10)
Date: 1135.102 - January 29 - February 19
1135.103 - February 26 - March 19
1135.104 - April 9 - April 30
Time: 4:00 - 5:00 pm

Day: Saturday (ages 7-10)
Date: 1135.105 - February 2 - February 23
1135.106 - March 2 - March 23
1135.107 - April 13 - May 4
Time: 1:00 - 2:00 pm

Day: Thursday (ages 11-13)
Date: 1136.102 - January 31 - February 21
1136.103 - February 28 - March 21
1136.104 - April 11 - May 2
Time: 4:00 - 5:00 pm

Day: Saturday (ages 11-13)
Date: 1136.105 - February 2 - February 23
1136.106 - March 2 - March 23
1136.107 - April 13 - May 4
Time: 2:00 - 3:00 pm

Fee: R \$35 / NR \$49

Please visit www.erieparksandrec.com for league information, free agent lists/info, schedules, maps, surveys, and much more!

Volunteer Coaches Needed! If interested, please contact volunteer@erieco.gov.

Youth Sports (cont.)

General Information

National Alliance for Youth Sports (NAYS)

The Town of Erie has embraced the philosophies set forth by NAYS, comprised of an assembly of 48 of the nation’s leading experts representing a vast variety of disciplines affecting youth sports. NAYS seeks to make the sports experience safe, fun and healthy for ALL children. In addition, NAYS promotes the value and importance of sports and physical activities in the emotional, physical, social and mental development of youth. The Alliance believes that participation in sports and activities develops important character traits and lifelong values.

Parents Association for Youth Sports (PAYS)

Because parents play such a crucial role in helping their children get the most fun out of their participation as possible, NAYS created the Parents Association for Youth Sports (PAYS). The PAYS program enables parents to help their children have truly rewarding sports experiences. This is a wonderful opportunity for parents to become aware of their roles and responsibilities and ways they can make the youth sports experience more enjoyable and positive. Parents can complete this training online for only \$6 per family and we strongly encourage each of you to take advantage of this great program.

Simply follow these instructions:

- Visit: <http://paysonline.nays.org>
- Click on New User (Returning user applies only if you started the program but could not finish)
- Click on all boxes of disclaimer page and click “I accept” at the bottom of the page
- Find your Chapter from the drop down list: CO – Town of Erie Parks & Recreation
- Type in your Chapter’s code: 1194
- Click Next

Inclement Weather - SAFETY IS OUR NUMBER ONE PRIORITY

Every attempt will be made to allow practices and play games; however, if field and/or weather conditions present an unsafe environment for participants, spectators, coaches, officials, and/or staff we will postpone or cancel practices and games. Field supervisors are instructed to err on the side of caution when it comes to inclement weather decisions.

Please call the weather hotline at 303.926.2550 (option 4). Weather information can also be found on www.quickscores.com/erie. Weather information is updated by 4:00 pm on weekdays or 8:00 am on weekends. There are three situations to listen for:

- All games and practices will be played as scheduled
- All games and practices have been cancelled
- The fields are open and it is the coach’s decision to cancel practice (This could mean it is raining, but fields are in good condition, or there is abnormally cold or hot weather. In this situation, please assume you are to practice as scheduled unless you hear differently from your coach)

Uniforms

The uniform order is placed immediately following the registration deadline. Add-ons (late registrations) and change orders (ordered incorrect size) will be compiled and sent weekly thereafter and may NOT be available by your first game. PLEASE NOTE: Add-ons and change orders may incur additional charges. For changes, you are required to turn-in the original uniform in order to receive the new one. There are sample uniform sizes available at Guest Service. We strongly encourage you to use these to determine your child’s correct size prior to ordering. Uniform colors and numbers are chosen completely at random and uniforms may not be modified in any way.

Special Requests

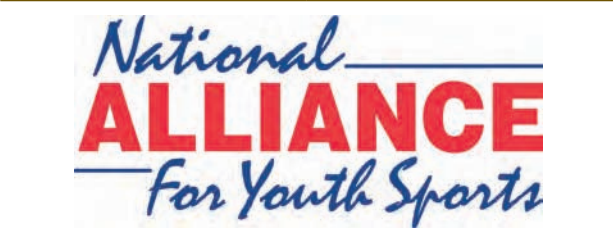
ONLY ONE REQUEST WILL BE CONSIDERED FROM THE FOLLOWING THREE TYPES OF REQUESTS:

- 1) *Coach Request* – A request for the participant to play on a specific coach’s team. Please confirm with the coach prior to registration that the coach is in fact coaching this season/sport/age division.
- 2) *Player/Friend Request* – A request to play on the same team as a specific player/friend. Both friends must request each other for the request to be considered.
- 3) *Practice Day Request* – A request to practice on a specific day or time. We do our best to accommodate these requests; however, each coach selects the team’s practice days and times.

Priority is given based on registration date and time, please register early. We will attempt to honor requests, but must retain the right to deny any request in order to maintain team equality. Therefore, requests are taken, but not guaranteed!

Season Timeline

EVENT	ACTIVITIES
Registration Opens	Register, make special requests (if any), coaches pick practice days/times
Registration Closes	Form teams, recruit additional coaches (if necessary), order uniforms, conduct coach’s meeting
Week prior to 1st practice	Distribute rosters to coaches, coaches contact parents regarding practice days/times
Week prior to 1st game	Distribute game schedules and uniforms to coaches
Mid-Season to End of Season	Picture day, updated schedule/ league information, pictures and awards distributed to coaches
End of Season	Optional team party and opportunity to evaluate program or league



Please visit www.erieparksandrec.com for league information, free agent lists/info, schedules, maps, surveys, and much more!


Volunteer Coaches Needed! If interested, please contact volunteer@erieco.gov.

Adult Sports

SOFTBALL LEAGUE CLASSIFICATIONS:

EE league play – Novice (no homeruns/a homerun ends the half inning). The team is out for a little fun and exercise. New teams or teams with the majority of players who are new to the game.

E league play– Recreation (1 homerun per game, all others are outs). The team is a balance of newer players and those with some playing experience. Some established teams.



Lower E - teams made up of newer players with some playing experience.

Upper E - teams made up of more experienced players looking for a higher level of play

D league play – Upper (3 homeruns per game, all others are outs). The team is a balance of experienced and average players looking for a higher level of play who regularly play in leagues and some tournaments.

C league play – Competitive (4 homeruns per game, all others are outs). Established Teams. Teams consist of skilled and experienced players who play in leagues and tournaments.

SOFTBALL

All softball leagues play at the award-winning Ballpark at Erie. Awards given to positional playoff champion. No roster maximum; however, rosters freeze after the fifth week of play. A mandatory organizational meeting will be held on Thursday, March 14 (for spring leagues), at 7:00 pm at the Center and Thursday, May 16 (for summer leagues), at 7:00 pm at the Center. A team representative is required to attend. Maximum of eight teams for each league. Fees must be paid in full at time of registration.

Men's Competitive USSSA Spring Softball (ages 18+)

Level of play for this adult league is Competitive (C). The spring season will consist of an eight week schedule with double headers played each week (16 games) with the last week of play as a positional playoff game. Registration deadline is March 10.

Day: Wednesday
Date: 2201.103 - March 20 - May 8
Time: 6:00, 7:00, 8:00 or 9:00 pm
Fee: R \$719 / NR \$899

Men's / Women's / Mixed (Coed) Spring Softball (ages 18+)

A variety of men's / women's / mixed leagues are available. Level of play for this adult league is recreational. The spring season consists of eight games with the last week of play as a positional playoff game. Registration deadline is March 10.

Day: Tuesday - March 19 - May 7
2208.103 - Men's (D)
2210.103 - Men's (Upper E)
2207.103 - Men's (Lower E)
2209.103 - Women's (E)

Day: Wednesday - March 20 - May 8
2211.103 - Mixed (D)
2200.103 - Mixed (Upper E)
2202.103 - Mixed (Lower E)

Day: Thursday - March 21 - May 9
2212.103 - Mixed (EE)
2213.103 - Over 35 Mixed (E)
2214.103 - Women's (E)

Day: Friday - March 22 - May 10
2206.103 - Men's (D)
2205.103 - Men's (E)
2215.103 - Mixed (D)
2203.103 - Mixed (Upper E)
2204.103 - Mixed (Lower E)

Time: 6:00, 7:00, 8:00 or 9:00 pm
Fee: R \$439 / NR \$549

Men's Competitive Summer Softball

Level of play for this adult league is Competitive (C). The summer season consists of a twelve week schedule with double headers each week (24 games) with the last week of play as positional playoff games. Registration deadline is May 12.

Day: Wednesday
Date: 2203.105 - May 22 - Aug 21 (No play on July 3 & July 10)
Time: 6:00, 7:00, 8:00, or 9:00 pm
Fee: R \$1,119 / NR \$1,499

Men's / Women's / Mixed (Coed) Summer Softball (ages 18+)

A variety of men's and mixed leagues are available. Level of play for this adult league is recreational. The summer season consists of twelve games with the last week of play as positional playoff game. Registration deadline is May 12.

Day: Tuesday - May 21 - August 20 (No games July 2 & July 9)
2201.105 - Men's (D)
2200.105 - Men's (Upper E)
2202.105 - Men's (Lower E)
2209.105 - Women's (E)

Day: Wednesday - May 22 - August 21 (No games July 3 & July 10)
2204.105 - Mixed (D)
2208.105 - Mixed (Upper E)
2210.105 - Mixed (Lower E)

Day: Friday - May 24 - Auguts 23 (No games June 21 & July 5)
2205.105 - Men's (D)
2206.105 - Men's (E)
2202.109 - Mixed (D)
2211.105 - Mixed (Upper E)
2207.105 - Mixed (Lower E)

Time: 6:00, 7:00, 8:00 or 9:00 pm
Fee: R \$659/ NR \$825

GOLF

Men's & Women's Golf (ages 14+)

Classes focus on full swing, short game, rules, and etiquette. Fundamentals covered include grip, set-up, pivot, backswing, follow through, putting, chipping, pitching, and bunkers. Classes are taught and supervised by experienced PGA golf professionals and Colorado National Golf Club staff. Golf clubs are provided if needed. Registration deadline is one week prior to the first class.

Day: Tuesday - Women's
Date: 2130.102 - January 29 - February 19
2130.103 - February 26 - March 19
2130.104 - March 26 - April 16
Time: 6:00 -7:00 pm

Day: Saturday - Women's
2130.105 - February 2 - February 23
2130.106 - March 2 - March 23
2130.107 - April 13 - May 4
Time: 4:00 - 5:00 pm

Day: Thursday - Men's
Date: 2131.102 - January 31 - February 21
2131.103 - February 28 - March 21
2131.104 - March 28 - April 18
Time: 6:00 -7:00 pm

Day: Saturday - Men's
2131.105 - February 2 - February 23
2131.106 - March 2 - March 23
2131.107 - April 13 - May 4
Time: 5:00 - 6:00 pm
Fee: R \$79 / NR \$99



Adult Sports (cont.)

SOCCER

Coed Soccer (ages 18+)

Level of play for this adult league is recreational. Fees must be paid in full at time of registration. The spring season consists of eight games with the last week of play as a positional playoff game. Awards given to positional playoff champion. Play is 6 vs. 6 which includes a goalie, with a roster maximum of 12 per team (no male/female ratio requirements). Each team must wear similar uniforms and provide a game ball. The league is self-officiated by players. Unnecessary roughness or slide tackling is strictly prohibited. A pre-season team event will be held on March 17 at 9:00 am at Erie Community Park Civic Green Fields #1 and #2. Registration deadline is March 17.

Day: Sunday (No games March 31)
Date: 2212.303 - March 24 - May 19
Time: 9:00 am, 10:00 am, 11:00 am or 12:00 pm
Fee: R \$199 / NR \$249

BASKETBALL

Women's Basketball (ages 18+)

This is a 3 vs. 3 adult basketball league. Level of play for this adult league is recreational. Fees must be paid in full at time of registration. The spring season will consist of a six game schedule with the last week of play as positional playoff games. Awards given to positional playoff champion. Roster maximum is six per team. A mandatory organizational meeting will be held on Tuesday, February 12, at 7:00 pm at the Center. A team representative is required to attend. Maximum of ten teams for this league. Registration deadline is February 10.

Day: Thursday
Date: 2121.103 - February 21 - March 28
Times: 6:00, 6:45, 7:30, 8:15 or 9:00 pm
Fee: R \$229 / NR \$279

Men's Basketball (ages 18+)

Level of play for this 5 vs. 5 adult league is recreational or upper recreational. Fees must be paid in full at time of registration. The spring season consists of eight games with the last week of play as a positional playoff game. Awards given to positional playoff champion. Roster maximum is 10 per team. A mandatory organizational meeting will be held on Tuesday, February 12, at 7:00 pm at the Center. A team representative is required to attend. Maximum of eight teams for each league. Registration deadline is February 10.

Day: Tuesday
Date: February 19 - April 9
League: 2100.102 (Recreational)
Time: 6:00, 7:00, 8:00 or 9:00 pm

Day: Sunday
Date: February 17 - April 14
League: 2120.103 (Upper Recreational)
Time: 3:00, 4:00, 5:00 or 6:00 pm
Fee: R \$345 / NR \$435



VOLLEYBALL

Coed / Women's Volleyball (ages 18+)

Level of play for this adult league is open, recreational (C), or upper recreational (B). Fees must be paid in full at time of registration. The spring season consists of eight games with the last week of play as a positional playoff game. Awards given to positional playoff champion. Roster maximum is 12 per team. A mandatory organizational meeting will be held on Tuesday, February 12, at 7:00 pm at the Center. A team representative is required to attend. Maximum of eight teams for each league. Registration deadline is February 10.

Day: Wednesday
Date: February 20 - April 10
League: 2120.107 (Coed Upper Rec (B) 6 vs. 6)
2120.108 (Coed Rec (C) 6 vs. 6)
2120.109 (Women's Open 4 vs. 4)
Times: 6:00, 6:45, 7:30, 8:15, 9:00 or 9:45 pm
Fee: R \$289 / NR \$359

TENNIS



Beginner Tennis (ages 16+)

Learn all the basic strokes such as forehand, backhand, serve, return of serve, volleys, and overheads. You will also learn the basic rules and how to score so you can go out with your friends and have a great time. Racquets required. Classes held at the Erie Community Park tennis courts. Registration deadline is one week prior to the first class.

Day: Tuesday & Thursday
Date: Session I - 2150.104 - April 23 - May 9
Session II - 2151.105 - May 14 - May 30
Time: 6:45 - 7:35 pm
Fee: R \$69 / NR \$85

Intermediate Tennis (ages 16+)

A great continuation and advanced tennis class for adults. We review all strokes with heavy emphasis on correct form. You will also learn the basic rules and how to score. This class is fast paced with plenty of drills and games to keep all participants interested. All levels welcome! Racquets required. Classes held at the Erie Community Park tennis courts. Registration deadline is one week prior to the first class.

Day: Tuesday & Thursday
Date: Session I - 2151.104 - April 23 - May 9
Session II - 2151.105 - May 14 - May 30
Time: 7:40 - 8:30 pm
Fee: R \$69 / NR \$85

Private Tennis Lessons

Looking to improve your game? Please contact Steven Donahue at 303-547-7177 or steven@hustlesports.com for more information about private lessons.

50+ Team Captains/Representatives are needed.
Please call 303.926.2796 for additional
information. To view the 50+ Free Agent List,
please visit: www.erieparksandrec.com

Adult Sports (cont.)

RACQUETBALL

Racquetball League (ages 18+)

Adult racquetball leagues are now forming at the Center! Competition levels are Open/A, B/C, Novice/Beginner, or 50+. Each league is eight weeks and match format is three games to fifteen points with all scores reported. Maximum of eight participants for each league. Registration deadline is three days prior to each league.

Day: Sunday
League: 2147.213 - Novice/Beginner
Date: January 20 - March 10
Time: 3:00, 3:45, 4:30, or 5:15 pm

Day: Monday
League: 2147.214 - Open/A
Date: January 21 - March 18 (No matches Feb 18)
Time: 6:00, 6:45, 7:30, or 8:15 pm

Day: Wednesday
League: 2147.215 - 50+
Date: January 23 - March 13
Time: 9:00, 9:45, 10:30, or 11:15 am

Day: Thursday
League: 2147.216 - B/C
Date: January 23 - March 14
Time: 6:00, 6:45, 7:30, or 8:15 pm

Day: Friday
League: 2147.217 - 50+ Doubles (must provide your own partner)
Date: January 25 - March 15
Time: 12:00, 12:45, 1:30, or 2:15 pm

*Each player must register

Day: Saturday
League: 2147.218 - B/C
Date: January 26 - March 16
Time: 4:00, 4:45, 5:30, or 6:15 pm

Fee: R \$25 / NR \$29

Racquetball Singles Tournament (ages 16+)

Can you rule the court? Come participate in the racquetball tournament! Competition is limited to twelve participants. Men's, women's, and 50+ players are encouraged to participate. The tournament is round robin format. Prizes awarded to tournament winner! Registration deadline is one week before tournament.

Day: Saturday
Date: Tournament I - 2145.204 - January 5
Tournament II - 2145.205 - February 2
Times: 8:30 am - 12:00 pm
Fee: R \$9 / NR \$15

Racquetball Doubles Tournament (ages 16+)

Can your team rule the court? Come participate in the racquetball doubles tournament! Competition is limited to six teams. Men's, women's, and coed teams are encouraged to participate. The tournament is round robin format. Prizes awarded to tournament winner! Registration deadline is one week before tournament.

Day: Saturday
Date: Tournament I - 2145.202 - January 19
Tournament II - 2145.206 - February 16
Times: 8:30 am - 12:00 pm
Fee: R \$9 / NR \$15

For additional tournament information, please visit the Colorado Racquetball Association website www.coloradoracquetball.com

DROP-IN ADULT SPORTS SCHEDULE (AGES 18+)

Wallyball - Wednesdays: 6:00 - 9:00 pm (Racquetball Court #1)
Racquetball Challenge - Thursdays: 6:00 - 9:00 pm (Court #2)
Ultimate Frisbee & Kickball - Saturdays: 1:00 - 3:00 pm (Civic Green)
Sand Volleyball - Mondays: 6:00 - 9:00 pm (Coal Miners Park)
Inline Stick & Puck - Saturdays: 9:00 - 11:00 am (Columbine Mine Park)
Inline Hockey - Saturdays: 11:30 am - 1:30 pm (Columbine Mine Park)

For more information on Adult Drop-In Sports visit:
www.erieparksandrec.com

RESIDENT/NON-RESIDENT TEAMS

To qualify as a resident team, 50% or more of the roster must be Erie residents.

OPEN GYM SCHEDULE

Please contact the Center or look online for open gym times as they will vary throughout the season.

50+ SPORTS

50+ Coed Softball

This is a traveling team affiliated with the Colorado Senior Softball Association. League play runs for 14 weeks and includes a tournament. Teams will play double headers on Wednesday mornings and will travel to communities along the Front Range. Practices are held every Monday morning at Reliance Park or Coal Creek Park. Erie Parks & Recreation jerseys and caps MUST be worn for all league play. At the time of registration, you will be required to list a preferred size (jerseys may be used multiple seasons). There are sample sizes available at Guest Service. Team jerseys are \$19 and team caps are \$11. Registration deadline is March 3.

Day: Monday & Wednesday
Date: March 18 - August 14
Recreation - 5325.311
Intermediate Recreation - 5325.102
Upper Recreation - 5380.102
Fee: 60+ R \$49 / NR \$59
50-59 R \$59 / NR \$75

50+ Golf

Keep your golf game going this winter! Classes focus on full swing, short game, rules, and etiquette. Fundamentals covered include grip, set-up, pivot, backswing, follow through, putting, chipping, pitching, and bunkers. Instructional classes are taught and supervised by experienced PGA golf professionals and Colorado National Golf Club staff. Golf clubs are provided if needed. Registration deadline is one week prior to the first class.

Day: Monday
Date: 2131.108 - February 4 -February 25
2131.109 - March 4 - March 25
2131.110 - April 8 - April 29
Time: 9:00 - 11:00 am
Fee: R \$59 / NR \$75

DROP-IN 50+ ADULT SPORTS SCHEDULE

Racquetball – Tuesdays: 8:30 - 11:30 am (singles/doubles)
Pickleball – Tuesdays: 11:00 am - 1:00 pm (gym)
Pickleball – Wednesdays: 5:30 - 7:30 pm (tennis court)
Pickleball – Thursdays: 12:30 - 2:30 pm (gym)
Volleyball – Fridays: 11:00 am - 1:00 pm (gym)
Tennis – Fridays: 11:00 am - 1:00 pm (weather permitting)

Active Adults 60+

COLUMBINE LOUNGE ACTIVITIES

The Columbine Lounge is open Monday - Friday, 8:00 am - 4:00 pm. You are welcome to stop by for a cup of coffee, join others who are playing a variety of games, log on to one of our computers, read a book, play a game of pool, or enjoy visiting with others. Participation in the lounge is free of charge to residents and non-residents.

DROP-IN ACTIVITIES

Join us during these times when others will be playing the following games or activities. These scheduled times are ongoing.

Monday & Friday	9:00 am – Coffee Talk, Columbine Lounge
Tuesday	12:30 pm – Bridge, Columbine Lounge
Thursday	9:00 am – Pool, Columbine Lounge
1st & 3rd Friday	9:00 am – 1:00 pm – Painting, Lehigh
Friday	1:00 pm – Mahjong, Columbine Lounge

FRIENDSHIP CIRCLE

Friendship Circle is open to all new or seasoned residents of Erie who would like to get to know their neighbors. If you are interested in meeting others, developing friendships, and participating in activities that are organized by the group, please consider joining us. Call Mac or Sandy at 303.955.4480 for a schedule of activities or e-mail Mac at memahsboy@gmail.com. The group meets in the Columbine Lounge on the 3rd Thursday of each month, September through May, at 1:30 pm.

FRIDAY AFTERNOON BINGO

Join in on the fun in this friendly game of BINGO and an afternoon to socialize with friends. Registration is not required. Bingo is played in the Mitchell Room.

Prizes are sponsored by Life Care Center of Longmont.

Date:	1st Friday of the Month
Time:	1:30 pm
Fee:	FREE

LUNCHES

Lunches are provided by the Weld County Senior Nutrition Program every Thursday at 12:15 pm. Join us for the social hour beginning at 11:00 am. Reservations are required by Tuesday at 5:00 pm by calling 303.926.2795.

AFTER LUNCH ENTERTAINMENT

After the Thursday lunch, join us for free entertainment. Entertainment begins at approximately 12:45 pm and is open to anyone, whether you eat lunch with us or not. Entertainment will not be scheduled for every lunch. Please check the schedule in the Active Adult/ SilverSneakers® newsletter or call 303.926.2795.



COMMUNITY RESOURCE PROGRAM

If you need information or assistance connecting to local resources for seniors (60+) and their families residing in Erie, please call 303.926.2795.

50+ COED SPORTS / DROP-IN SPORTS

For more information on these programs, please see page 31.

SILVERSNEAKERS®

The SilverSneakers® Fitness Program is an innovative health, exercise and wellness program helping older adults live healthy, active lifestyles. Your SilverSneakers® fitness membership includes: access to our basic amenities such as our heated pool, private locker rooms, indoor track, state-of-the-art fitness equipment, racquetball courts, and lounge; SilverSneakers® classes and other classes we offer such as water aerobics, yoga, NIA or Zumba Gold. Most importantly, your membership is available to you at no cost through your health plan. Join them today and bring your SilverSneakers card and/or health plan ID to our Guest Service, and our friendly staff will help you enroll!

SILVERSNEAKERS® NEW MEMBER MEETING

Meet your SilverSneakers® Advisor and learn all about the many benefits of your SilverSneakers® membership and fitness classes offered. Meetings held at the Erie Community Center. Call 303.926.2795 for more information.

Day:	Wednesday	
Date:	5351.101 – January 9 5351.103 – March 13 5351.105 – May 8	5351.102 – February 13 5351.104 – April 10
Time:	10:00 – 11:00 am	
Fee:	Free	

ERIE NEVER STOPS WALKING

Join us on the Erie Community Center walking track for this indoor walking program. We will warm up, stretch and then walk on the track for an hour. The group is lead by a staff member who is there to assist and help you. The goal of each session is to “walk” the distance to a designated location on a map, and the ultimate goal after each session is to walk or run a 5K race together. After each session we will have a party to celebrate our great successes! Registration is not required. For questions or more information, please call Cindy at 303.926.2795.

Day:	Monday & Wednesday
Date:	January 21 – March 13 & April 1 – May 22
Time:	10:00 – 11:00 am
Fee:	Free for SilverSneakers® members and ECC pass holders Daily Admission for all others per visit

PARTNERSHIP PROGRAMS

FOOT CLINICS

A registered nurse provides a full range of services to treat your feet on the 4th Tuesday of each month. Call Summercares at 303.651.5224 to make an appointment and for fee information.

MEDICARE OR MEDICAID COUNSELING

Free counseling is available to you for help with Medicare or Medicaid issues. Reserve a 45 minute, one-on-one appointment with a SHIP counselor, specially trained on Medicare insurance and Medicaid low-income programs. They can help you fill out forms or answer questions. For general questions about Medicare call Centura Health at 970.347.8743. **Appointments are available from 1:00 - 4:30 pm on the 3rd Thursday of each month. Call 303.926.2795, to reserve your appointment.**

HEARING SCREENINGS

Audigy Certified Family Hearing Centers offers the following services free of charge: wax removal, hearing screening, hearing aid cleaning and hearing aid filter change. These services are provided from 9:00-11:00 am in the Lehigh room. Please call 303.926.2795 for a time slot on January 17, March 21, or May 16.



Active Adults 60+

TRIPS

Tattered Cover Book Store & Shopping with Lafayette Senior Center

Come spend the day catching up on your favorite authors or just spend the day shopping on Denver's 16th Street Mall. This trip is with the Lafayette Seniors. Their bus will pick us up at the Erie Community Center and bring us home. **Lunch is on your own at the mall. Fee includes transportation. Registration deadline is December 21.**

Day: Monday
Date: 5314.101 – January 7
Time: 10:15 am – 2:30 pm
Fee: R \$8 / NR \$10

National Western Stock Show & Rodeo

It is the world's largest stock show with more than 15,000 animals, rodeo performances, bull riders, horse shows, livestock competitions, auctions and booths selling everything from cowboy boots to Native American jewelry. **Meals are on your own. Fee includes transportation, stock show, and rodeo. Registration deadline is December 19.**

Day: Saturday
Date: 5394.101 – January 19
Time: 8:30 am – 2:30 pm
Fee: R \$25 / NR \$29

Celestial Seasonings & Leanin' Tree Museum

You will see first hand how the finest all-natural ingredients from around the world become your favorite Celestial Seasonings teas. You'll also enjoy free samples of every tea they make, browse the extensive display of original artwork from their tea boxes, and enjoy lunch at the café. Afterwards you will head to the Leanin' Tree Museum of Western Art to enjoy the private art collection of Ed Trumble. **Lunch is on your own, price range \$5-\$15. Fee includes both tours and transportation. Registration deadline is January 8.**

Day: Wednesday
Date: 5302.101 – January 23
Time: 9:30 am – 4:00 pm
Fee: R \$15 / NR \$19

Loveland Valentine Tour with Lafayette Senior Center

The Valentine's Day re-mailing program keeps the postal system in Loveland busy, stamping and sending out more than 200,000 envelopes filled with love every year. You can get your Valentines personally stamped and ready to send off to your sweethearts. Following, we'll take a drive by one or two of the city's famous art statues. This trip is with the Lafayette Seniors. Their bus will pick us up at the Erie Community Center and bring us home. **Lunch is on your own at Next Door Food & Drink, price range \$8-\$15. Fee includes tour and transportation. Registration deadline is January 22.**

Day: Monday
Date: 5303.102 – February 4
Time: 9:15 am – 2:30 pm
Fee: R \$8 / NR \$10

Lifetime Candles & Lunch

Lifetime Candles are hand carved and custom made in "German Old World Tradition". Each candle is individually warmed and dipped in hot colored wax as many as 20 to 140 times. This creates the design and layering effect each candle displays. The candle carver must then hand carve each design while the candle is warm enough to sculpt the various designs. After the tour we will have lunch at the Front Range Airport Aviator Bar & Grill then head back home. **Lunch is on your own, price range \$7-\$11. Fee includes tour and transportation. Registration deadline is January 29.**

Day: Tuesday
Date: 5304.102 – February 12
Time: 9:00 am – 3:30 pm
Fee: R \$15 / NR \$19

Snowshoeing & Lunch

Eldora Mountain Resort has one of the biggest and best Nordic facilities for snowshoeing in Colorado. Whether you're looking for a rigorous workout or a relaxing stroll through the beautiful scenery you will surely be satisfied. Lunch is on your own in the lodge after snowshoeing. **Fee includes ticket, rental, guide and transportation. Registration deadline is February 5.**

Day: Tuesday
Date: 5302.102 – February 19
Time: 8:30 am – 2:30 pm
Fee: R \$45 / NR \$55

Shen Yun Performing Arts

Shen Yun presents colorful and exhilarating performances of classical Chinese dance and music. A performance by Shen Yun is a presentation of traditional Chinese culture as it once was: a study in grace, wisdom, and the virtues distilled from the five millennia of Chinese civilization. **Fee includes show and transportation. Registration deadline is December 19.**

Day: Sunday
Date: 5390.102 – February 24
Time: 12:30 – 5:30 pm
Fee: R \$65 / NR \$79

US Navy Concert Band at Union Colony

The United States Navy Concert Band, the premier wind ensemble of the U.S. Navy, presents a wide array of marches, patriotic selections, orchestral transcriptions and modern wind ensemble repertoire. As the original ensemble of the Navy Band, the Concert Band has been performing for over 85 years. Concert is held at the Union Colony Civic Center. **Fee includes transportation and concert. Registration deadline is February 15.**

Day: Friday
Date: 5381.103 – March 1
Time: 6:00 - 10:30 pm
Fee: R \$5 / NR \$9

High Tea at Wildflower Restaurant

The English Teas at Wildflowers Restaurant in Broomfield have become well known as one of Colorado's premiere tea experiences. Under the helm of Maureen Odde, an avid tea lover hailing from Northampton, England, Wildflowers offers delicious Luncheon and High Teas to enjoy. The High Tea menu includes: selection of teas to taste, homemade scones with English Devonshire Cream and jam, homemade soup or salad, tiered tea plate of finger sandwiches, hors d'oeuvres and an assortment of individual desserts with a Champagne or sparkling cider toast. **Fee includes transportation, High Tea, tax and tip. Registration deadline is February 25.**

Day: Tuesday
Date: 5386.103 – March 12
Time: 11:00 am – 2:00 pm
Fee: R \$25 / NR \$29

Denver Zoo with Lafayette Senior Center

Lions and tigers and bears, oh my! The Denver Zoo is one of the most extraordinary zoos you could ever visit in the United States. You can view over 3,500 different animals, representing over 650 species. Explore and visit the new elephant exhibit that has recently opened. This trip is with the Lafayette Seniors. Their bus will pick us up at the Erie Community Center and bring us home. What a great way to get to know our neighbors. Lunch is on your own at the park. **Price range \$8-\$12. Fee includes transportation and zoo entrance. Registration deadline is March 4.**

Day: Monday
Date: 5390.103 – March 18
Time: 10:15 am – 3:30 pm
Fee: R \$26 / NR \$31

Active Adults 60+ (cont.)

TRIPS (continued)

Chicago at Buell Theater

In this day and age, when everyone wants more bang for their buck, it's good to know there's a "sure thing" — Chicago The Musical. It's got the funniest songs, the hottest dancing, the sexiest cast and the greatest story on Broadway. **Fee includes show and transportation. Registration deadline is February 18.**

Day: Saturday
Date: 5382.103 – March 23
Time: 12:30 – 5:30 pm
Fee: R \$35 / NR \$45

Scenic Drive & Lunch

Welcome to the showcase of the Front Range. This drive will take you into Nederland then onto Black Hawk, via Hwy 119, where you can enjoy lunch and maybe win something at the slots. This route provides matchless views of the Continental Divide and its timbered approaches, and may include a drive through Golden Gate Canyon State Park and touring some of Central City's historic landmarks. **Lunch is on your own. Fee includes transportation. Registration deadline is April 1.**

Day: Friday
Date: 5301.104 – April 12
Time: 9:30 am – 3:30 pm
Fee: R \$9 / NR \$15

Wild Animal Sanctuary & Lunch

A Sanctuary is a place where animals can come to live and be protected for the rest of their lives. The facility has a unique system of elevated cat-walks and observation platforms which allow people to view the rescued animals enjoying their new life in large acreage habitats. Lunch will be at Corner Kitchen. **Fee includes transportation and sanctuary. Meals are on your own, price range \$5-\$10. Registration deadline is April 1.**

Day: Tuesday
Date: 5345.104 – April 16
Time: 8:30 am – 1:30 pm
Fee: R \$19 / NR \$25

Hudson Gardens

Hudson Gardens is a 30 acre botanical garden located along the bank of the South Platte River. There is so much to do such as take a self guided tour, talk to the vegetable gardeners, meet the beekeeper, enjoy birding in the gardens, or bring your own picnic lunch and relax. There are no concessions facilities so please bring your own food if you want to eat. **Fee includes transportation and gardens. Registration deadline is April 8.**

Day: Tuesday
Date: 5338.104 – April 23
Time: 11:00 am – 3:00 pm
Fee: R \$9 / NR \$15

Guys & Dolls at Candlelight Theater

An 11-time Tony Award® winning classic, GUYS AND DOLLS soars with the spirit of Damon Runyon's Broadway. Meet Sarah Brown, the uptight mission doll who is out to reform the evildoers of New York's Times Square. Full of great Broadway standards including "Luck Be a Lady," "Bushel and a Peck" and "Sit Down You're Rockin the Boat." **Fee includes show, dinner, coffee, tea, soda, tax, tip and transportation. Registration deadline is April 1.**

Day: Sunday
Date: 5337.103 – April 28
Time: 12:00 – 5:00 pm
Fee: R \$45 / NR \$55

Shopping at Castle Rock Outlets

The center is the largest open-air outlet center in the State of Colorado, where you'll find over 100 name brand stores! After arriving at the center, stop by the Outlets at Castle Rock's Guest Services located on the east side of the center in the food court to pick up your free VIP Savings Card, which is worth \$100's in savings at the designer stores. **Lunch on your own at the food court. Fee includes transportation. Registration deadline is April 29.**

Day: Friday
Date: 5383.105 – May 10
Time: 9:00 am – 2:30 pm
Fee: R \$15 / NR \$19

Music at Noon at Saint John's Cathedral

Arias & Ensembles is presented by the Opera Colorado Young Artist. After the concert you will have lunch at the Old Spaghetti Factory. Lunch is on your own, price range \$5-\$10. **Fee includes concert & transportation. Registration deadline is April 30.**

Day: Tuesday
Date: 5395.105 – May 14
Time: 10:30 am – 3:00 pm
Fee: R \$9 / NR \$15

Dividing the Estate at Arvada Center

Horton Foote, Pulitzer Prize winning writer, penned a comedy about family, money, power and greed. At odds over the fate of their dwindling inheritance, several generations of the well-to-do Gordon family must confront their disreputable past as they grapple with an uncertain future. **Fee includes show and transportation. Registration deadline is April 18.**

Day: Wednesday
Date: 5394.105 – May 22
Time: 11:30 am – 4:30 pm
Fee: R \$35 / NR \$45

Garden of the Gods

Imagine dramatic views, 300' towering sandstone rock formations against a backdrop of snow-capped Pikes Peak and brilliant blue skies. The world class Visitor & Nature Center is the most visited attraction in the region with a NEW, exciting, 14 minute, HD show: "How Did Those Red Rocks Get There?". Delight in one of Colorado's most photographed views while eating in the glassed in cafe or from the terrace overlooking Pikes Peak and Garden of the Gods. Or bring a picnic lunch and enjoy the beauty of nature while eating outside. Lunch is on your own, price range \$6-\$12. **Fee includes movie, park and transportation. Registration deadline is May 13.**

Day: Friday
Date: 5396.105 – May 31
Time: 9:00 am – 4:00 pm
Fee: R \$15 / NR \$19

CLASSES

AARP Driver Safety

In this half-day course you will learn defensive driving techniques, new laws, rules of the road, and much more. You will also find out how to adjust your driving to age-related changes in vision, hearing, and reaction time. Plus, you may also receive an insurance discount. Some auto insurance companies in Colorado provide a discount to AARP Driver Safety graduates, age 55 and older. It is all in the classroom, you turn in no tests and you can have fun while learning. Registration deadline is one week prior to class. You will pay the instructor the day of the class.

Day: Tuesday
Date: 5311.104 – April 9
Time: 8:30 am – 1:00 pm
Fee: AARP Member \$12 / Non Members \$14



Active Adults 60+ (cont.)

Acrylic Painting

Each class is a one day, two hour class with the focus on fun! Previous experience is not necessary. Painting will occur on a variety of surfaces. New strokes are taught at each class. ALL supplies are provided, except we ask that you bring a roll of paper towels.

Registration deadline is one week prior to first class.

Instructor: Sandee Franz

Day:	Wednesday	
Date:	5300.101 – January 9	5303.101 – January 23
	5305.102 – February 6	5307.102 – February 20
	5311.103 – March 6	5313.103 – March 20
	5317.104 – April 3	5319.104 – April 10
	5321.105 – May 8	5323.105 – May 22
Time:	10:00 am – 12:00 pm	
Fee:	R \$19 / NR \$25	

Oil Painting

This is a one day, four hour class, and previous experience is not necessary. Students will learn to paint the sky, clouds, various types of trees, rocks, grass, leaves, and many other subjects. All classes will result in a finished project. ALL supplies are provided, except we ask you to bring a roll of paper towels. **Registration deadline is one week prior to first class. Instructor: Sandee Franz**

Day:	Friday	
Date:	5325.101 – January 11	5326.102 – February 8
	5327.103 – March 8	5328.104 – April 5
	5329.105 – May 10	
Time:	9:00 am – 1:00 pm	
Fee:	R \$35 / NR \$45	

Rubber Stamping

Come join us to make beautiful handmade cards, using fabulous stamp sets and supplies, cool tools, and techniques. Bring your own scissors and double sided adhesive tape. **Registration deadline is one week prior to first class. Instructor: Carolyn Mahoney**

Day:	Monday	12:00 - 1:15 pm	
Date:	5315.101 – January 21	5315.102 – February 18	
	5315.103 – March 18	5315.104 – April 15	
	5315.105 – May 20		
Day:	Monday	1:15 - 2:30 pm	
Date:	5316.101 – January 21	5316.102 – February 18	
	5316.103 – March 18	5320.104 – April 15	
	5325.105 – May 20		
Day:	Monday	2:30 - 3:45 pm	
Date:	5326.101 – January 21	5327.102 – February 18	
	5328.103 – March 18	5329.104 – April 15	
	5330.105 – May 20		
Fee:	R \$4 / NR \$6		

Watercolor – In All Its Splendor!

The use of watercolor in its most loose and free form will be explored, along with intricate detail work. There will be a strong focus on color mixing as well as the abstract design, even within fairly realistic subject matter. All levels of students are welcome.

Instructor: Dianne Widom

Day:	Tuesday
Date:	5326.103 – April 2 – May 7
Time:	1:30 – 4:00 pm
Fee:	R \$59 / NR \$75

Beginning Line Dancing

Need a new way to exercise? Get body and mind working together while having fun learning basic line dance skills and dances. What a great way to get your exercise while learning something new and making friends. Wear comfortable clothing and shoes that are easy to dance in. **Registration deadline is one week prior to first class. Instructor: Cheri Tjarks**

Day:	Monday
Date:	5313.101 – January 14 – February 25
	5314.103 – March 18 – April 29
Time:	12:00 – 1:00 pm
Fee:	R \$19 / NR \$25

SPECIAL EVENTS

Winter Wonderland Dance

Chase the winter blahs away by joining us at our winter wonderland celebration. Enjoy a catered meal, dancing under the snowflakes, and help us select a Snowflake King and Queen.

Registration deadline is January 13.

Day:	Friday
Date:	5330.101 – January 18
Time:	6:00 – 8:00 pm
Fee:	TBD

Valentine's Potluck

We welcome our neighbors from the Wattenberg and Carbon Valley Senior Centers to celebrate the Valentine's Day tradition. Registration is required along with a potluck dish. Erie participants please bring a salad, vegetable or main dish to feed 6 or more. This event is sponsored by the Senior Citizens of the Erie Area Club.

Registration deadline is February 7.

Day:	Thursday
Date:	5331.102 – February 14
Time:	11:00 am – 2:00 pm
Fee:	FREE

An Evening in Paris – A Sweetheart Dinner

Come spend an elegant evening in Paris. The evening will include a catered French fare and dancing under the stars. Please come dressed appropriate for this elegant evening.

Registration deadline is February 10.

Day:	Friday
Date:	5332.102 – February 15
Time:	6:00 – 8:00 pm
Fee:	TBD

St. Patrick's Day Celebration

Put on a wee bit 'o green (or get pinched) as you enter our Irish pub and celebrate St. Patty's Day. Enjoy a catered Irish meal along with Irish entertainment. **Registration deadline is March 10.**

Day:	Friday
Date:	5332.103 – March 15
Time:	6:00 – 8:00 pm
Fee:	TBD

Erie's Got Talent?

This is the first and maybe the last annual Erie Seniors' Variety Show. This is a guaranteed night of food, friendship, fun and laughs...no guarantees on talent! All acts are performed by our very own Erie Active Adults and the staff and volunteers that serve them. Join us for a catered meal, a variety of comical and talented acts, sing-a-longs, and lots of laughs. **Registration deadline is April 14.**

Day:	Friday
Date:	5331.101 – April 26
Time:	6:00 – 8:00 pm
Fee:	TBD

Hawaiian Luau

Let's get ready for summer with a Hawaiian Luau! Enjoy Hawaiian music and dancing, and a Hawaiian catered meal. Don your favorite Hawaiian outfit and join us for a fun evening.

Registration deadline is May 12.

Day:	Friday
Date:	5332.105 – May 17
Time:	6:00 – 8:00 pm
Fee:	TBD

Birthday Parties

BIRTHDAY PARTIES

All parties include one hour of activity and one hour in the party room. Activities include admission to the indoor playground, swimming pool, or climbing wall, for up to 10 children. An additional fee will be charged for each additional child. The Center will provide a quarter sheet cake in your choice of two flavors, candles, juice, balloons, plates, tablecloths, napkins, and silverware. Our staff will set up, decorate, and clean up.

Mini-Miners Indoor Playground Party

This package includes party room rental and admission for up to 10 children to the indoor playground. Available only to children 9 years and younger.

Fee: R \$69 / NR \$85

Swimming Pool Party

Includes party room rental and admission for up to 10 children to the swimming pool area.

Fee: R \$89 / NR \$109

Climbing Wall Party

Includes party room rental and one hour of belay rides for up to 10 children (with a certified climbing staff member).

Fee: R \$105 / NR \$129

AVAILABLE THEMES (CHOOSE ONE):

Party Color Choices:

Pink
Purple
Blue
Red
Green
Orange
Black
Yellow

Theme Choices:

Spiderman
Princess
Dinosaur
Pirate
Toy Story
Sponge Bob

Cake/Icing Choices - Vanilla or Chocolate

ADDITIONAL INFORMATION

Fees for additional children:

Mini-Miners	R \$3 / NR \$4
Swimming Pool	R \$4 / NR \$5
Climbing Wall	R \$5 / NR \$6

Pizza is available upon request (\$10 extra per pizza)



Parks, Athletic Fields & Shelters



	Ballfields	Basketball	Drinking Fountains	Fishing	Walking Trails	Handicapped Access	In-Line Hockey Rink	Parking	Picnic Tables	Bar-B-Q Grills	Playground Equipment	Portable Restrooms	Shelters	Soccer/Playing Fields	Tennis Courts	Sand Volleyball	Electricity	Total Acres
Arapahoe Ridge Park 1750 Powell Street	•					•		•	•	•	•	•		•	•			7.3
Coal Creek Park 575 Kattell	•					•		•	•	•	•	•	•					7
Coal Miners Park 470 Cheesman						•		•	•	•	•	•	•			•		1
Columbine Mine Park 1936 Skyline Drive	•				•	•	•	•	•	•		•	•	•			•	8.8
Country Fields Park 1801 Tynan Drive	•		•		•	•		•	•		•	•	•	•				29
Crescent Park (formerly Kenosha Park) 1300 Lombardi Street			•		•	•		•	•	•	•	•	•	•				7.75
Erie Community Park 450 Powers Street	•		•		•	•		•	•	•	•	•	•	•	•		•	41
Erie Lake North of Arapahoe on Hwy 287				•	•	•		•				•						31
Lehigh Park 751 Eichhorn Drive			•		•	•		•	•	•	•	•	•	•				6
Longs Peak Park 311 Wheat Berry Drive & 339 Meadow View Parkway	•	•			•	•		•	•	•	•		•	•				13
Reliance Park (formerly Northridge Park) 900 WCR 1.5	•		•			•		•	•		•	•	•	•			•	5
Thomas Reservoir 2000 N. 119 th Street				•	•	•		•	•			•	•					33

PARKS RESERVATIONS

Shelters, ballfields, and soccer/playing fields are available to rent for your next function. Please contact the Center at 303.926.2550 for rental fees and availability.

PARK SHELTER PERMIT DATES

Spring
March 15 - May 31
(permits open to R - January 2 / NR - January 9)

Summer
June 1 - August 31
(permits open to R - April 1 / NR - April 8)

Fall
September 1 - November 15
(permits open to R - July 1 / NR - July 8)

Rent one of the many shelters at the Erie Community Park for your next party, family reunion, picnic or more! Call the Center or visit the website for more information!

ATHLETIC FIELD PERMIT DATES


Permit dates available
March 15 - November 15

Permit applications will be accepted from November 1 - December 15 for priority consideration. Applicants will be notified the first Town business day in January. After December 15, applications will still be accepted and considered on a first come, first serve basis.

ERIE COMMUNITY PARK SHELTERS

(fees are per 2 hours)	Occupancy Seated	Resident	Non-Resident	Non-Profit
Garfield (entire shelter)	100	\$40	\$50	\$35
Jackson (East Wing)	50	\$20	\$25	\$17
Stewart (North Wing)	25	\$15	\$20	\$13
McGregor (South Wing)	25	\$15	\$20	\$13
Concession (West)	24	\$15	\$20	\$13
Concession (East)	24	\$15	\$20	\$13

Facilities & Amenities

<div>  <div> <div>ERIE</div> <div>COMMUNITY CENTER</div> </div> </div>	Occupancy	AV Cart - DVD, CD, TV, Projector	Bleachers	Microphone	Outdoor Patio	Podium	Projection Screen	Refrigerator/Freezer	Sink	Sound System	Tables and Chairs	Warming Oven	Wood Floor	Resident*	Non-Resident*	Non-Profit*
Bouldering/Climbing Wall	11													\$75	\$95	\$60
Briggs Multi-Purpose Room	100	•		•	•	•			•	•	•			\$40	\$50	\$30
Columbine Lounge	40	•		•		•			•		•			-	-	-
Fitness Studio	35	•		•		•					•		•	\$40	\$50	\$30
Garfield Commons + Kitchen	278	•		•	•	•	•	•	•	•	•	•		\$150	\$189	\$125
Full Gym	625		•	•		•				•	•		•	\$60	\$75	\$50
1/2 Gym	313		•	•		•				•	•		•	\$30	\$39	\$25
Kitchen	-							•	•			•		\$50	\$65	\$40
Lehigh Multi-Purpose Room (stage)	33	•		•		•				•	•			\$30	\$39	\$25
Lloyd Multi-Purpose Room	86	•		•	•	•	•		•	•	•		•	\$40	\$50	\$30
Mini-Miners Indoor Playground	45													\$75	\$95	\$60
Mitchell Multi-Purpose Room	92	•		•	•	•	•		•	•	•			\$40	\$50	\$30
Pool - Lap Lanes	-													\$50	\$65	\$40
Pool	429															
0-50 People														\$150	\$189	\$120
51-100 People														\$200	\$250	\$160
101-150 People														\$250	\$315	\$200
Party Room	35	•						•	•		•			\$30	\$39	\$25
Racquetball Courts	16												•	-	-	-
T-Town	20										•			-	-	-

*Prices are per hour

ERIE COMMUNITY CENTER FACILITY PERMIT DATES

Winter/Spring
 January 1 - May 31
 (permits open R - November 1 / NR - November 8)

Summer
 June 1 - August 31
 (permits open to R - April 1 / NR - April 8)

Fall
 September 1 - December 31
 (permits open to R - July 1 / NR - July 8)



Registration Information

HOW DO I REGISTER?



Online at www.erieparksandrec.com
Follow the links to our online registration system.



Walk-In - Register in person at the
Erie Community Center

WHEN DO I REGISTER FOR PROGRAMS AND CLASSES?

Residents -
November 17

Non-Residents -
November 24

Unless otherwise noted, registration deadline is the
Saturday before the first program meeting date.

PARTICIPATION

Minimum participation is required for many of our activities and classes; the Parks & Recreation Department reserves the right to cancel any class due to low participation numbers. You will be notified prior to the first class if a program has been cancelled.

VOLUNTEER OPPORTUNITIES

For volunteer opportunities with Erie Parks & Recreation please visit our website at www.erieparksandrec.com, click on “activity registration” and enter keyword “volunteer”, or email us at volunteer@erieco.gov or call 303.926.2550.

Opportunities available include: Special Events, Youth Sports Coaching, Parks Projects, Active Adults 60+ Programs.

We offer a volunteer incentive program! Earn free passes to the Erie Community Center and more! Visit our website at www.erieparksandrec.com for details on the volunteer incentive program.

ACTIVITY REFUND/CANCELLATION POLICY

For activities cancelled by the Parks & Recreation Department, payments will be credited to your account. A refund will be issued upon written request.

A full (100%) credit or refund will be issued if:

- withdrawals are requested at least seven (7) calendar days prior to the activity start date

A 75% credit or refund will be issued if:

- withdrawals are requested up to six (6) calendar days prior to the activity start date

A 50% credit will be issued if:

- withdrawals are requested after activity date begins and before activity session is 50% complete

No credit or refunds will be issued after activity session is 50% complete

Late activity registrations will not be prorated.



SCAN ME TO VIEW THE CURRENT...

GROUP FITNESS SCHEDULE!



POOL SCHEDULE!



CLIMBING WALL SCHEDULE!



ERIE PARKS & RECREATION IS NATIONALLY ACCREDITED!

On October 16, 2012, the Town of Erie Parks & Recreation Department joined an elite group of accredited agencies. Less than 1% of Parks and Recreation agencies in the United States have achieved this honor and only two others in Colorado have earned this coveted designation!



What is CAPRA Accreditation?

- CAPRA is the Commission for Accreditation of Park and Recreation Agencies
- CAPRA develops standards for excellence that represents best practices and implements the national accreditation program
- CAPRA recognizes agencies for excellence in operations and services

Benefits To You - The Erie Community

- Assurance and validation of well-administered services in accord with industry best practices
- Potential cost savings and external financial support
- Ensures accountability to you - the community - and responsiveness to your needs
- Improves guest service and quality services
- Demonstrates our commitment to you - our team, our volunteers, our guests and our community

MEMBERSHIP PROMOTION

10% OFF ANNUAL PASSES! FROM DECEMBER 15 - JANUARY 15

SEE GUEST SERVICE FOR MORE INFORMATION!

To receive a 10% discount, annual passes must be paid in full.

Guests purchasing an annual pass on a payment plan are eligible for a 5% discount.

Kids' Nite Out Across America® is offered on Friday nights from 7:00 - 10:30 pm at the Erie Community Center. Kids ages 7 to 14 enjoy contests, games, age-appropriate music, sports, swimming and more!



Parents trust Kids' Nite Out Across America® to provide an active, safe and fun environment. When parents drop their children off, they have peace of mind knowing their kids are safe in a facility that is closed to the public. Staff members who have passed a comprehensive national screening and criminal background check supervise the program and engage the kids.

The nightly fee is \$15 per child. A parent or authorized adult must fill out a Membership Form the first time each child attends. Learn more at www.kidsniteout.org/erie

Administration Division

645 Holbrook
P.O. Box 750
Erie, CO 80516
303.926.2790

Recreation Division

450 Powers Street
P.O. Box 1110
Erie, CO 80516
303.926.2550

Parks Division

150 Bonnell Avenue
P.O. Box 750
Erie, CO 80516
303.926.2887